

Mayday

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Donna Manning (USA) - April 2016

Musique: Mayday - Cam



Very quick 16 count intro - Start on the first downbeat of guitar – NO Tags Or Restart

Sec. 1 (1-8) □ L Basic Salsa, R Basic Salsa

1,2,3-4 Push off ball of L back, recover to R, step L together, pause thru 4

5,6,7-8 Push off the flat of the R fwd, recover to L, step R back to diagonal, pause thru 8 – 12:00

(optional to increase difficulty- ½ turn R on ball of R step back L on count 3, pause on 4, push off ball of R back on 5, recover to L on 6, ½ turn L on 7 step R back, pause thru 8 – ready to do next set)

Sec. 2 (9-16) □ L Back Lock Steps, Pause, R Back Lock Steps, Pause

1,2,3-4& Step L to back diagonal, bring R heel to L toe, step L back to diagonal, pause thru 4 but change angle of hips on the & (styling option – drag or kick R to diagonal on 4 still rotating hips)

5,6,7-8 Step R back to diagonal, bring L heel to R toe, step R back to diagonal, pause thru 8 changing angle of hips to the L – 12:00 facing 10:30 (styling option – drag or kick R to diagonal on 8 on the rotation of hips)

Never putting weight on the heel...just skimming the floor

Sec. 3 (17-24) □ Samba Box modified

1,2,3-4 Step L back, step R back, make 1/8 turn L step L to side, pause

5,6,7-8 Cross R over L, step L fwd(7:30), 1/8 turn L step R to R side, pause – 6:00

Sec. 4 (25-32) □ 1/8 Turn L Step back, Back, 1/8 Turn L Step Side, Cross Rock, Recover, Side

1,2,3-4 1/8 turn L stepping L back, step R back, 1/8 turn L stepping L to L side, pause – 3:00

5,6,7-8 Cross Rock R over L, Recover to L, Step R to R side (might be a longer or shorter step depending on place in the song), drag L to center to be ready to begin again - 3:00

HAVE FUN!

Please do not alter this step sheet in any way.

If you would like to use on your website please make sure it is in its original format and include all CONTACT details on this script.

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