

Humble and Kind

COPPER KNOB
BY SHEETS

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Laura Alberico (USA) - April 2016

Musique: Humble and Kind - Tim McGraw : (Album: Damn Country Music - deluxe edition)



Start after 48 counts

Section 1: Left twinkle, cross, sweep

- 1-3 Cross left over right, step right side, step left next to right
- 4-6 Cross right over left, sweep left from back to front (2 counts)

Section 2: Left twinkle making ½ turn left, cross, touch

- 1-3 Cross left over right, turn ¼ left stepping right back, turn ¼ left stepping left side
- 4-6 Cross right over left, touch left slightly to left diagonal, hold (6:00)

Section 3: Cross, turn ¼ left, step back, big step back, drag

- 1-3 Cross left over right, turn ¼ left stepping right back, step left back (3:00)
- 4-6 Big step back on right, drag left toward right (2 counts)

Section 4: Step forward, touch, step back, touch

- 1-3 Step left forward, touch right next to left, hold
- 4-6 Step right back, touch left next to right, hold

Section 5: Run turning ¼ left, cross rock, step side

- 1-3 Run around turning ¼ left (left, right, left) (12:00)
- 4-6 Cross rock right over left, recover left, step right side

Section 6: Left twinkle, right twinkle

- 1-3 Cross left over right, step right side, step left next to right
- 4-6 Cross right over left, step left side, step right next to left

Section 7: Cross walk left, sweep, cross walk right, sweep

- 1-3 Cross left over right, sweep right from back to front (2 counts)
- 4-6 Cross right over left, sweep left from back to front (2 counts)

Section 8: Cross step, touch side, ½ turn right, touch side (monterey ½ turn)

- 1-3 Cross left over right, touch right side, hold
- 4-6 Turn ½ right stepping right next to left, touch left side, hold (6:00)

***Ending: Dance will finish facing front. Add a left twinkle and cross touch right over left.**

Contact: alberico_laura@yahoo.com