

Stitches

Compte: 32

Mur: 4

Niveau: Ultra Beginner

Chorégraphe: Debbie Small (USA) - April 2016

Musique: Stitches - Shawn Mendes : (CD: Handwritten)



Intro: Start after "you watch me" on the word "bleed" (count 1 of the first chorus)

SIDE TOGETHER, TOE STRUTS FORWARD 3X

- 1-2 Step right side, step left together
- 3-4 Step right toe forward, drop right heel
- 5-6 Step left toe forward, drop left heel
- 7-8 Step right toe forward, drop right heel

SIDE TOGETHER, TOE STRUTS FORWARD 3X

- 1-2 Step left side, step right together
- 3-4 Step left toe forward, drop left heel
- 5-6 Step right toe forward, drop right heel
- 7-8 Step left toe forward, drop left heel

ROCKING CHAIR, STEP PIVOT 1/4 LEFT

- 1-2 Rock right forward, recover left
- 3-4 Rock right back, recover left
- 5-6 Step right forward, hold
- 7-8 Turn ¼ left and step left forward, hold (9:00)

STEP TOUCH DIAGONALLY FORWARD, STEP TOUCH DIAGONALLY BACK 3X

- 1-2 Step right diagonally forward, touch left together
- 3-4 Step left diagonally back, touch right together
- 5-6 Step right diagonally back, touch left together
- 7-8 Step left diagonally forward, touch right together

Optional: Clap on counts 2,4,6,8

Repeat

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