

# Mamas Broken Heart

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Michael Schmidt (DE) - March 2016

Musique: Mama's Broken Heart - Miranda Lambert



Info: □ Start after 16 counts.

## [1-8] □ Step R, Lock L, Shuffle R, Rock L, Recover, Triple 3/4 Turn L

- 1-2 Step Right forward - Lock Left behind Right
- 3&4 Step Right forward - Step Left together - Step Right forward
- 5-6 Rock Left forward - Recover onto Right \* Tag1
- 7&8 Triple Turn  $\frac{3}{4}$  left ( Left-Right-Left ) (3:00)

## [9-16] □ Cross Rock R, Recover, Chasse Side R, Jazz Box 1/4 Turn L, Step R

- 1-2 Cross Rock Right over Left - Recover onto Left
- 3&4 Step Right to right - Step Left together - Step Right to right
- 5-6 Cross Left over Right - Step Right back
- 7-8  $\frac{1}{4}$  Turn left stepping left forward - Step Right forward (12:00) \*\* Tag2

## [17-24] □ Cross L, Point R, Cross Back R, Point L, Sailor Step, Step R 1/2 Turn L

- 1-2 Cross Left across Right - Point Right Toe to right side (lean Body slightly to the left)
- 3-4 Cross Right behind Left - Point Left Toe to left side (lean Body slightly to the right)
- 5&6 Cross Left behind Right - Step Right side - Step Left side
- 7-8 Step Right forward -  $\frac{1}{2}$  Turn left (weight on Left) (6:00)

## [25-32] □ Full Turn L, Cross Side Heel, Ball Cross, Side Heel, Together, Stomp Up, Hold

- 1-2  $\frac{1}{2}$  Turn left stepping Right back -  $\frac{1}{2}$  Turn left stepping Left forward \* Finish
- 3&4 Cross Right over Left - Step Left to side - Tap right Heel diagonally right forward
- &5 Step Right beside Left & Cross Left over Right
- &6 Step Right to side & Tap left Heel diagonally left forward
- &7-8 Step Left beside Right & Stomp Right beside Left (weight on Left) - Hold

.... keep smiling & repeat

\* Tag1 & Restart: After 6 counts on Wall 4 (6:00) and 8 (12:00), Add the following 6 Counts & Restart

Coaster Step, Walk back R L R L

- 7&8 Step Left back - Step Right beside Left - Step Left forward
- 9-12 4 Walks back ( Right - Left - Right - Left )

\*\* Tag2 & Restart: After 16 counts on Wall 9 (12:00), add the following 7 Counts & Restart with the music

Side Rock, Recover, Cross, Back, Side, Stomp Up, Hold

- 1-3 Rock Left side - Recover onto Right - Cross Left across Right
- 4-7 Step Right back - Step Left side - Stomp (or Touch) Right beside Left (weight on Left) - Hold

\* Finish: Just dance up to count 26 & stomp forward (12:00)

and of course greet the Band or the DJ tapping the brim of your hat ... have fun

Contact: [hallokoala@gmail.com](mailto:hallokoala@gmail.com)