

# Long Breakdown

Compte: 88

Mur: 1

Niveau: Intermediate

Chorégraphe: Marilù Teseo (IT) - March 2016

Musique: Gonna Know We Were Here - Jason Aldean



## **S1: TOUCH, TOUCH, SHUFFLE CROSS, TOUCH, TOUCH, SAILOR CROSS**

- 1-2 Cross Right Toe To Left Foot, Touch Right Toe To Right
- 3&4 Cross Right Over Left E Cha-Cha To Left
- 5-6 Cross Left Toe To Right Foot, Touch Left Toe To Left
- 7&8 Left Sailor Cross

## **S2: SIDE TOUCH, TURN, COASTER STEP, SHUFFLE STEP, PADDLES TURNS**

- 1-2 Touch Right Toe To Right And Turn ¼ To Right
- 3&4 Right Coaster Step
- 5&6 Left Shuffle Frw
- 7&8 Touch Right Toe To Right And Turn 1/8 To Left, Touch Right Toe To Right And Turn 1/8 To Left

## **S3 & S4: REPEAT SECTS. 1 & 2**

## **S5: STEP, TOUCH, STEP TOUCH (2)**

- 1-2 Step To Right And Touch Left Beside Right
- 3-4 Step To Left And Touch Right Beside Left
- 5-8 Repeat 1-4

## **S6: VINE, HEEL TOUCH, CROSS, TURNS, SHUFFLE STEP**

- 1-2 Step Right To Right, Cross Left Behind Right
- &3&4 Right To Right & Heel Touch Left, Left On Left & Cross Right Over Left (Weight On Right)
- 5-6 Turn ¼ To Right Left Back, Turn ½ To Right, Right Foot Forward
- 7-8 Left shuffle Step Forward

## **S7: MAMBO ROCK, STEPS BACK, POINT, TURN, KNEE POPS**

- 1&2 Right Rock Forward, Recover Left And Step Right Back
- 3-4 Left Step Back, Right Step Back
- 5-6 Point Left Toe Beside Right Foot, Turn ¼ To Left
- &7&8 Weight On Both Feet And Bend Knees Lifting Heel Off Floor, Put Heels Back On Floor

## **S8 & S9: REPEAT FROM SECTIONS 4 TO 5 (S2 and S5)**

## **S10: STEP AND TOUCH (2)**

- 1-4 Step Right To Right And Touch Left Beside Right
- 5-8 Step Right To Right And Touch Left Beside Right

## **S11: MONTEREY TURNS (2)**

- 1-4 Touch Right Toe To Right, Turn ¼ Right, Touch Left Toe To Left, Step Left Next To Right
- 5-8 Touch Right Toe To Right, Turn ¼ Right, Touch Left Toe To Left, Step Left Next To Right

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