

# Tricky Tricky

**COPPER** **KNOB**  
STEPSHEETS

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner Hip Hop

**Chorégraphe:** Britt Beresik (USA) - February 2016

**Musique:** It's Tricky - Run-DMC



## Part 1 - Back Crosses

[1 '8 count']

- 1-2 Step wide R, Tap L behind R
- 3-4 Step wide L, Tap R behind L
- 5-6 Step wide R, Tap L behind R
- 7-8 Step wide L, Tap R behind L

**\*optional arms: for each set- punch arms to side on first count, then cross punch arms on second count**

## Part 2 - Twist and Turn

[1 '8 count']

- 1 Step R foot out to R while twisting both heels to the R
- &2&3& Twist heels quickly- L R L R L
- 4 Hitch L knee up
- 5-6 Step forward L w/ Pivot ¼turnR
- 7-8 Step forward L w/ Pivot ¼turnR [6:00]

## Part 3 - Slow Running Man

1 '8 count']

- 1-2 Rock L back, recover R forward
- 3&4 Rock L back (hitching R knee), Recover R, Rock L back (hitching R knee)
- 5-6 Rock R back, recover L forward
- 7&8 Rock R back (hitching L knee), Recover L, Rock R back (hitching L knee)

## Part 4 - Kicks

[1 '8 count']

- 1-2 Kick L, Kick R
- 3-4 Kick L Kick L
- 5-6 Kick R, Kick L
- 7-8 Kick R Kick R

**Repeat all parts until song ends!**

**Contact:** [bberesik@gmail.com](mailto:bberesik@gmail.com)