

# Give A Little More (zh)

COPPER KNOB  
STEPSHEETS

Compte: 64

Mur: 2

Niveau: Intermediate

Chorégraphe: Kate Sala (UK) & Dee Musk (UK) - 2010年11月

Musique: Give a Little More - Maroon 5 : (CD: Hands All Over)



前奏 : 24 Count Intro. Approx 12 seconds. Track approx 3mins

## 第一段 Kick Back Cross, Back Side, Shuffle Forward, Step ½ Turn R.

- 1&2 Kick R foot forward, step back on R, cross step L over R.  
右足前踢, 右足後踏, 左足於右足前交叉踏
- 3,4 Step R foot back, step L foot to L side. 右足後踏, 左足左踏
- 5&6 Shuffle forward stepping R,L.R. 前交換-右, 左, 右
- 7,8 Step forward on L, make a ½ turn R keeping weight back on L. (6 o'clock).  
左足前踏, 右轉180度重心在左足(面向6點鐘)

**RESTART DURING wall 3, begin again facing 6 o'clock wall.**

第三面牆跳至此, 面向6點鐘, 從頭起跳

## 第二段 Coaster Step, Hold Ball Step, Step, Anchor Step, ¼ Turn L With Sway.

- 1&2 Step back on R, close L beside R, step forward on R.  
右足後踏, 左足併踏, 右足前踏
- 3&4 Hold count 3, close L beside R, step forward on R.  
候, 左足併踏, 右足前踏
- 5 Step forward on L. 左足前踏
- 6&7 Cross rock on R behind L, replace weight to L, step back on R.  
右足於左足後交叉下沉, 左足回復, 右足後踏
- 8 Make a ¼ turn L stepping L to L side with L hip sway. (3 o'clock).  
左轉90度左足左踏左推臀(面向3點鐘)

## 第三段 Sway Hips R, L, Chasse ¼ Turn R, Step ¼ Turn R, Cross Shuffle.

- 1,2 Sway hips R, sway hips L. 右擺臀, 左擺臀
- 3&4 Step R to R side, close L beside R, make a ¼ turn R stepping forward on R. 右足右踏, 左足併踏, 右轉90度右足前踏
- 5,6 Step forward on L, make a ¼ turn R. 左足前踏, 右轉90度
- 7&8 Cross step L over R, step R to R side, cross step L over R. (9 o'clock).  
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向9點鐘)

## 第四段 Side Step, ¼ Box Turn L, Cross Rock, Sweep Sailor ¼ Turn R

- 1 Step R to R side. 右足右踏
- 2-4 Make a ¼ turn L stepping L to L side, make a ¼ turn L stepping R to R side, make a ¼ turn L stepping L to L side.  
左轉90度左足左踏, 左轉90度右足右踏, 左轉90度左足左踏
- 5,6 Cross rock R over L, recover weight to L.  
右足於左足前交叉下沉, 左足回復
- 7&8 Sweep R out to the right making a ¼ turn R cross stepping R behind L, step L to L side, step R to R side. (3 o'clock).  
右足繞右轉90度右足於左足後踏, 左足左踏, 右足右踏(面向3點鐘)

## 第五段 Cross Side, Sailor ¼ Turn L, Hold Ball Step, Step, Mambo Forward.

- 1,2 Cross step L over R, step R to R side.  
左足於右足前交叉踏, 右足右踏

- 3&4 Making a  $\frac{1}{4}$  turn L cross step L behind R, step R to R side, step L forward. 左轉90度左足於右足後交叉踏, 右足右踏, 左足前踏
- 5&6 Hold count 5, close R beside L, step forward on L.  
候, 右足併踏, 左足前踏
- 7 Step forward on R. 右足前踏
- 8&1 Rock forward on L, recover weight to R, step back on L. (12 o'clock).  
左足前下沉, 右足回復, 左足後踏(面向12點鐘)

**第六段 Hip Sway Back, Forward, Hip Sways Back, Forward, Back, Drag Out Out, Cross Step.**

- 2,3 Step back on R swaying R hip back, sway L hip forward.  
右足後踏右後擺臀, 左前擺臀
- 4&5 Sway R hip back, sway L hip forward, sway R hip back.  
右後擺臀, 左前擺臀, 右後擺臀
- 6&7 Drag L towards R, step L out to L side, step R out to R side  
左足拖併, 左足左踏, 右足右踏
- 8 Cross step L over R. (12 o'clock).  
左足於右足前交叉踏(面向12點鐘)

**第七段 Side Behind, And Cross  $\frac{1}{4}$  Turn R, Step  $\frac{1}{2}$  Turn R, Left Lock Step Forward.**

- 1,2 Step R to R side, cross step L behind R.  
右足右踏, 左足於右足後交叉踏
- 8&3,4 Step R to R side, cross step L over R, make a  $\frac{1}{4}$  turn R stepping forward on R. 右足右踏, 左足於右足前交叉踏, 右轉90度右足前踏
- 5,6 Step forward on L, make a  $\frac{1}{2}$  turn R.  
左足前踏, 右轉180度
- 7&8 Step forward on L, lock R behind L, step forward on L. (9 o'clock).  
左足前踏, 右足於左足後鎖踏, 左足前踏(面向9點鐘)

**第八段 R Jazzbox, Step  $\frac{1}{4}$  Turn L, Kick Out Out.**

- 1-4 Cross step R over L, step back on L, step R to R side, step forward on L. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足前踏
- 5,6 Step forward on R, make a  $\frac{1}{4}$  turn L. 右足前踏, 左轉90度
- 7&8 Kick R across L, step R out to R side, step L out to L side. (6 o'clock).  
右足於左足前交叉踢, 右足右踏, 左足左踏(面向6點鐘)
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