Stand By You



Compte: 60 Mur: 4 Niveau: Intermediate

Chorégraphe: Nathan Gardiner (SCO) - February 2016

Musique: Stand By You - Rachel Platten



Intro: 16 counts

Intro: 16 counts	
S1: Basic R, Basic L, Walk Back R & L With Sweeps, Rock Back, Recover	
1-2&	Step R to R side, Rock back on L, Recover on R
3-4&	Step L to L side, Rock back on R, Recover on L
5-6	Step back on R sweeping L from front to back, Step back on L sweeping R from front to back
7-8	Rock back on R, Recover on L
S2: R Rumba Box, Rock Back, Recover, Step ¼ L Cross	
1&2	Step R to R side, Step L next to R, Step forward on R
3&4	Step L to L side, Step R next to L, Step back on L
5-6	Rock back on R, Recover on L
7&8	Step forward on R, ¼ L, Cross R over L
S3: ¼ RX2, Cross Shuffle, Sway R, Sway L, Sway R, Sway L	
1-2	1/4 R stepping back on L, 1/4 R stepping R to R side
3&4	Cross L over R, Step R to R side, Cross L over R
5-6	Step R to R side swaying hips to R side, Sway hips to L side
7-8	Sway hips to R side, Sway hips to L side
S4: Behind, Side, Cross, Side L, Together, Forward, Rocking Chair	
1&2	Step R behind L, Step L to L side, Cross R over L
3&4	Step L to L side, Step R next to L, Step forward on L
5-6	Rock forward on R, Recover on L
7-8	Rock back on R, Recover on L
S5: Step ¼ L, Cross Shuffle, Side L, Behind, Side, Cross, Side L, Together	
1-2	Step forward on R, ¼ L
3&4	Cross R over L, Step L to L side, Cross R over L
5-6	Step L to L side, Step R behind L
&7&8	Step L to L side, Cross R over L, Step L to L side, Step R next to L
S6: Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, ¼ L, Side R	
1-2	Rock out to L side, Recover on R
3&4	Step L behind R, Step R to R side, Cross L over R
5-6	Rock out to R side, Recover on L
7&8	Step R behind L, ¼ L stepping forward on L, Step R to R side
S7: Rock Back, Recover, Kick Ball Cross, ¼ RX2, Cross Rock, Recover	
1-2	Rock back on L, Recover on R
3&4	Kick L to L diagonal, Step L next to R, Cross R over L
5-6	1/4 R stepping back on L, 1/4 R stepping R to R side
7-8	Cross rock L over R, Recover on R

S8: Chasse L, Rock Back, Recover

1&2 Step L to L side, Step R next to L, Step L to L side

3-4 Rock back on R, Recover on L

Restart 1 & 2: On walls 2 & 4 dance 48 counts instead of stepping to R side, Touch R next to L

Restart 3: On wall 5 dance 56 change Cross Rock, Recover to Cross Shuffle then Restart the dance

Contact: nathan.gardiner1998@hotmail.co.uk