

Left Right Left

Compte: 32

Mur: 4

Niveau: Easy Intermediate



Chorégraphe: Julia Wetzel (USA) - February 2016

Musique: Left Right Left - Charlie Puth : (Album: Nine Track Mind - 3:26)

Intro: 16 counts (approx. 12 seconds into track, start on lyrics "Hurt")

[1 – 8] □ ¼ Touch L, , ¼ Step, ¼ Touch R, ¼ Step, Step, ½ Pivot, Step, Together

1 - 4 ¼ Turn right on R and touch L to left side (1), ¼ Turn left step L fw (2), ¼ Turn left on L and touch R to right side (3), ¼ Turn right step R fw (4) □12:00

5 - 6 Step L fw (5), Pivot ½ turn right step R fw (6) □6:00

7 - 8 Step L fw (7), Step/Stomp R next to L (8) □6:00

[9 – 16] □ Heel, Hold&, Touch&, Heel&, Jazz Box □

1,2&3&4& Touch L heel fw (1), Hold (2), Step L next to R (&), Touch R toe back (3), Step R next to L (&), Touch L heel fw (4), Step L next to R (&)

Styling: Body is facing slightly to left diag. (5:00) in this section □6:00

5 - 8 Cross R over L (5), Step L back squaring to 6:00 (6), Step R to right side (7), Cross L over R (8) □6:00

[17 – 25] □ ¼ Hip Bump, ¼ Hip Bump, Kick, Ball, Cross, ¼, ¼, Together, Rock □

1&2 ¼ Turn right step R fw bump hip to right side (1), Bump hip to left side (&), Bump bump hip to right side weight on R (2) □9:00

3&4 ¼ Turn right step L to left side bump hip to left side (3), Bump hip to right side (&), Bump hip to left side weight on L (4) □12:00

5&6 Kick R to right diag. (5), Step ball of R next to L (&), Cross L over R (6) □12:00

7, 8&1 ¼ Turn left step R back (7), ¼ Turn left step L to left side (8), Step R next to L (&), Rock L to left side (1) □6:00

[26 – 32] □ Recover&, Point & Point, Cross, Side, Behind, ¼ □

2&3&4 Recover on R (2), Step L next to R (&), Point R to right side (3), Step R next to L (&), Point L to left side (4) □6:00

5 - 8 Cross L over R (5), Step R to right side (6), Step L behind R (7), ¼ Turn right step R fw (8) □9:00

Ending: □ On Wall 10, dance up to Count 29 (Cross L over R facing 3:00), then do ¼ turn left step R back (6) and step L to left side (7) facing 12:00 □

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