

# Yolanda (眼中西施) (zh)

COPPER KNOB  
STYLEDANCE

Compte: 64

Mur: 4

Niveau: Improver

Chorégraphe: Kate Sala (UK) & Robbie McGowan Hickie (UK) - 2010年05月

Musique: Yolanda - Joe Merrick : (CD: Ranches & Rodeos)



前奏 : 64 Count intro. 64拍後起跳

**第一段 Step Forward. Hold. Step. Pivot 1/2 Turn Right. Step Forward. Hold. Step. Pivot 1/2 Turn Left. 踏候踏轉, 踏候踏轉**

1-4 Step forward on Right. Hold. Step forward on Left. Pivot 1/2 turn Right. (Facing 6 o'clock)  
右足前踏, 候, 左足前踏, 右軸轉180度(面向6點鐘)

5-8 Step forward on Left. Hold. Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock)  
左足前踏, 候, 右足前踏, 左軸轉180度(面向12點鐘)

**第二段 Step Forward Right. Sweep. Weave Right. Cross Rock. 踏, 繞, 右藤步, 交叉下沉 回復**

1-2 Step forward on Right. Sweep Left out and around from back to front.  
右足前踏, 左足由後繞至前

3-6 Cross step Left over Right. Step Right to Right side. Cross Left behind Right. Step Right to Right side.  
左足於右足前交叉踏, 右足右踏, 左足於右足後踏, 右足右踏

7-8 Cross rock Left over Right. Rock back on Right.  
左足於右足前交叉下沉, 右足回復

**第三段 Side Step Left. Drag. Back Rock. 1/4 Turn Right. Hold. Step. Pivot 1/2 Turn Right. 左大步, 拖, 後下沉 回復, 右1/4, 候, 踏轉**

1-2 Long step Left to Left side. Drag/Slide Right towards Left. (Weight on Left) 左足左大步, 右足拖併(重心在左足)

3-4 Rock back Right behind Left. Rock forward on Left.  
右足於左足後下沉, 左足回復

5-6 Make 1/4 turn Right stepping forward on Right. Hold. (Facing 3 o'clock)  
右轉90度右足前踏, 候(面向3點鐘)

7-8 Step forward on Left. Pivot 1/2 turn Right. (Facing 9 o'clock)  
左足前踏, 右軸轉180度(面向9點鐘)

**第四段 Step Forward Left. Hold. Full Turn Left. Slow Right Shuffle Forward. Brush. 踏候, 轉轉, 前交換刷**

1-2 Step forward on Left. Hold. 左足前踏, 候

3-4 Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left. 左轉180度右足後踏, 左轉180度左足前踏

5-8 Step forward on Right. Step Left beside Right. Step forward on Right. Brush Left forward. 右足前踏, 左足併踏, 右足前踏, 左足前刷

**第五段 Left Forward Rock. Slow Left Coaster. Sweep. Cross. Diagonal Step Back Left. 下沉 回復, 海岸步, 繞, 交叉, 斜後踏**

1-2 Rock forward on Left. Rock back on Right.  
左足前下沉, 右足回復

3-5 Step back on Left. Step Right beside Left. Step forward on Left.  
左足後踏, 右足併踏, 左足前踏

- 6 Sweep Right out and around from back to front.  
右足由後繞至前
- 7-8 Cross step Right over Left. Step Left Diagonally back Left.  
右足於左足前交叉踏, 左足斜後踏
- 第六段 Diagonal Step Back Right. Cross. Step Back. Diagonal Step Back Left. Cross. Step. Cross. Hold.**  
**右斜後踏, 交叉, 後, 左斜後踏, 交叉, 踏, 交叉, 候**
- 1-2 Step Right Diagonally back Right. Cross step Left over Right. (Body Facing Right Diagonal)  
右足斜角後踏, 左足於右足前交叉踏(身體面向右斜角)
- 3-4 Step back on Right – straightening up. Step Left Diagonally back Left.  
右足後踏(轉正), 左足斜角後踏
- 5-8 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. Hold.  
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏, 候
- 第七段 Hip Sways x3. Drag. Back Rock. Side Step Right. Together.**  
**擺臀三次, 拖, 後下沉 回復, 右踏 併踏**
- 1-2 Step Left to Left side Swaying Hips Left. Sway Hips Right.  
左足左踏左擺臀, 右擺臀
- 3-4 Sway Hips Left. Drag/Slide Right towards Left. (Weight on Left)  
左擺臀, 右足拖併(重心在左足)
- 5-6 Rock back Right behind Left. Rock forward on Left.  
右足於左足後下沉, 左足回復
- 7-8 Step Right to Right side. Step Left beside Right.  
右足右踏, 左足併踏
- 第八段 1/4 Turn Right. Hold. Forward Rock. Left Lock Step 3/4 Turn Left. Brush.**  
**右1/4, 候, 下沉 回復, 左3/4前鎖步, 刷**
- 1-2 Make 1/4 turn Right stepping forward on Right. Hold. (Facing 12 o'clock) 右轉90度右足前踏,  
候(面向12點鐘)
- 3-4 Rock forward on Left. Rock back on Right.  
左足前下沉, 右足回復
- 5-6 Make 1/2 turn Left stepping forward on Left. Lock step Right behind Left.  
左轉180度左足前踏, 右足於左足後鎖踏
- 7-8 Make 1/4 turn Left stepping forward on Left. Brush Right forward. (Facing 3 o'clock) 左轉90度左  
足前踏, 右足前刷(面向3點鐘)
-