# Traketeo Zumba

**Compte: 176** 

Niveau: Intermediate

Chorégraphe: Pooi Kuan (MY) - December 2015

Musique: Traketeo - Presuntos Inocentes

Dance Starts after 24counts - Sequence: ABC TAG D, ABC TAG D

#### PART A (64 counts)

#### Section A1: Skate RL. Side Chasse. Skate LR. Side Chasse

123&4 Skate RF to R, Skate LF to L, Right Chasse on RF, LF, RF 567&8 Skate LF to L, Skate RF to R, Left Chasse on LF, RF, LF

### Section A2: Repeat A1

#### Section A3: Right Cross Touch Twice, Left Cross Touch Twice

- Touch RF over LF, Touch RF to R, Touch RF Over LF, Step RF to R 1234
- 5678 Touch LF over RF, Touch LF to L, Touch LF Over RF, Step LF to L

#### Section A4: Hip Drop 8x and Claps

- Touch RF slightly forward Lift R hip (&), Drop R hip & slap hands on waist (1) &1 &2 Lift R hip (&) Drop R hip & clap hands on top (2) &3 Lift R hip (&), Drop R hip & slap hands on waist (3) &4 Lift R hip (&) Drop R hip & clap hands on top (4) &5 Lift R hip (&), Drop R hip & slap hands on waist (5) Lift R hip (&) Drop R hip & clap hands on top (6) &6
- &7 Lift R hip (&), Drop R hip & slap hands on waist (7)
- Lift R hip (&) Drop R hip & clap hands on top (8) &8

Section A5: Repeat A3

Section A6: Repeat A4

Section A7: 
Repeat A1

Section A8: Repeat A1

#### PART B (32 counts)

## Section B1: Right - Step Together Step, Star Step

1234 Step RF to R, Close LF together, Step RF to R, Close LF Together (with Chest Pop)(12:00) 5& Turn 1/4L with weight on LF & Touch RF to R, Hitch RF (9:00)

- 6& Turn 1/4L with weight on LF & Touch RF to R, Hitch RF (6:00)
- 7& Turn 1/4L with weight on LF & Touch RF to R, Hitch RF (3:00)
- Turn 1/4L with weight on LF & Step RF beside LF (12:00) 8

#### Section B2: Left - Step Together Step, Star Step

- 1234 Step LF to L, Close RF together, Step LF to L, Close RF Together (with Chest Pop)(12:00)
- 5& Turn 1/4R with weight on RF & Touch LF to L, Hitch LF (3:00)
- Turn 1/4R with weight on RF & Touch LF to L, Hitch LF (6:00) 6&
- 7& Turn 1/4R with weight on RF & Touch LF to L, Hitch LF (9:00)
- 8 Turn 1/4R with weight on RF & Step LF beside RF (12:00)

## Section B3: Step Touch, ¼ Turn Forward Lock Step

1234 Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF (12:00)





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- 5&6& 1/4R Turn Step RF Forward, Touch LF behind RF, Step RF Forward, Touch LF behind RF (3:00)
- 7&8& Step RF Forward, Touch LF behind RF, Step RF Forward, Touch LF behind RF,

#### Section B4: Step Touch, ¼ Turn Forward Lock step

- 1 2 3 4
  1/4L Turn Step LF to L, Touch RF beside LF, Step RF to R, Touch LF beside RF (12:00)
  5&6& 1/4L Turn Step LF Forward, Touch RF behind LF, Step LF Forward, Touch RF behind LF (9:00)
- 7&8& Step LF Forward, Touch RF behind LF, Step LF Forward, Touch RF behind LF

#### PART C (32 counts)

#### Section C1: Step Touch 2x, Big Step Touch

1&2&	Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF (Shoulder Shimmy)
3 4	Big Step RF to R, Touch LF beside RF (Swing hands from Left to Right)
5&6&	Step LF to L, Touch RF beside LF, Step RF to R, Touch LF beside RF (Shoulder Shimmy)
78	Big Step LF to L, Touch RF beside LF (Swing hands from Left to Right)

#### Section C2: Step Touch 2x, Big Step Touch, Hip Bump with Posture

- 1&2& Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF (Shoulder Shimmy)
- 3 4 Big Step RF to R, Touch LF beside RF (Swing hands from Left to Right)
- 5 6 7 8 Bump Hip L,R,L,R (with 4 posture)

#### Section C3: Step Touch 2x, Big Step Touch (Opposite side C1)

1&2&	Step LF to L, Touch RF beside LF, Step RF to R, Touch (Shoulder Shimmy)
34	Big Step LF to L, Touch RF beside LF (Swing hands from Left to Right)
5&6&	Step RF to R, Touch LF beside RF, Step LF to L, Touch RF beside LF (Shoulder Shimmy)
78	Big Step RF to R, Touch LF beside RF (Swing hands from Left to Right)

#### Section C4: Step Touch 2x, Big Step Touch, Hip Bump with Posture (Opposite side C2)

- 1&2& Step LF to L, Touch RF beside LF, Step RF to R, Touch LF beside RF (Shoulder Shimmy)
- 3 4 Big Step LF to L, Touch RF beside LF (Swing hands from Right to Left)
- 5 6 7 8 Bump Hip R,L,R,L (with 4 posture)

#### TAG (16 counts)

- Section T1: Rocking Chair
- 1 2 Rock RF forward, Recover on LF
- 3 4 Rock RF Back, Recover on LF
- 5 6 Rock RF forward, Recover on LF
- 7 8 Rock RF Back, Recover on LF

#### Section T2: Rocking Chair (Fast Step)

- 1&2& Rock RF forward, Recover on LF, Rock RF Back, Recover on LF
- 3&4& Rock RF forward, Recover on LF, Rock RF Back, Recover on LF
- 5&6& Rock RF forward, Recover on LF, Rock RF Back, Recover on LF
- 7&8& Rock RF forward, Recover on LF, Rock RF Back, Recover on LF

#### PART D (32 counts)

#### Section D1: Twist Hip 4x, Toe Switches

- 1&2& Touch RF slightly forward & Lift Right Hip (1), Drop Right Hip (&), Lift Right Hip (2), Drop Right Hip (&)
- 3&4& Lift Right Hip (3), Drop Right Hip (&), Lift Right Hip (4), Drop Right Hip (&)
- 5&6& Touch R toe to R, Step RF beside LF, Touch L toe to L, Step LF beside RF
- 7&8 Touch R toe to R, Step RF beside LF, Touch L toe to L

#### Section D2: Twist Hip 4x, Toe Switches

1&2& Touch LF slightly forward & Lift left Hip (1), Drop left Hip (&), Lift left Hip (2), Drop left Hip (&)

3&4& Lift left Hip (3), Drop left Hip (&), Lift left Hip (4), Drop left Hip (&)

- 5&6& Touch L toe to L, Step LF beside RF, Touch R toe to R, Step RF beside LF
- 7&8 Touch L toe to L, Step LF beside RF, Touch R toe to R

Section D3: 
□Repeat D1

Section D4: 
□Repeat D2

Enjoy!

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