

Rest Your Love!!

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Alexis Strong (UK) & Laura Sway (UK) - January 2016

Musique: Rest Your Love - The Vamps



Start In Vocals

[1-8] V STEP DIAGONAL FORWARD, RIGHT ROCK BACK RECOVER, CHASSE RIGHT, LEFT CROSS LEFT ROCK RECOVER.

- 1-2 Step R Diagonal Forward (1) , Step L Diagonal Forward (2)
- 3-4 Rock Back On R (3) Recover Forward On L (4)
- 5&6 Step R To R (5) Step L Together (&) Step R To R (6)
- 7-8 Cross L Over R (7) Recover Back On R (8) FACING 9.00

[9-16] LEFT CHASSE 1/4 TURN LEFT, FORWARD RIGHT TOE STRUT, 1/2 TURN RIGHT, 1/2 TURN RIGHT, STEP FORWARD LEFT, HITCH RIGHT.

- 1&2 Step L To L (1) Step R Together (&) Step 1/4 Turn L On L (2)
- 3-4 Right Toe Forward (3) Step R Down (4)
- 5-6 1/2 Turn R Step On L (5) 1/2 Turn R Step On R (6)
- 7-8 Step Forward L (7) Hitch R (8) FACING 9.00

[17-24] STEP R SIDE HOLD & SIDE TOUCH, STEP L SIDE HOLD & SIDE TOUCH.

- 1-2&3-4 step R to R side (1) hold (2) step L to R (&) step R to R side (3) touch L beside R (4)
- 5-6&7-8 step L to L side (5) hold (6) step R to L (&) step L to L side (7) touch R beside L (8)

[25-32] ROCKING CHAIR, STEP PIVOT 1/4 , CROSS POINT.

- 1-2 Rock forward on the R (1) recover weight onto L (2)
- 3-4 Rock back on the R (3) recover weight into L (4)
- 5-6 Step forward on the R (5) pivot 1/4 turn L (6.00) (6),
- 7-8 cross R over L (7) point L to L side (8)

[33-40] CROSS LEFT BEHIND RIGHT, POINT RIGHT TO RIGHT, CROSS RIGHT BEHIND LEFT, POINT LEFT TO LEFT SIDE, LEFT SLOW COASTER STEP, SCRUFF RIGHT FORWARD.

- 1-2 Cross L Behind R (1) Point R to R (2)
- 3-4 Cross R Behind L (3) Point L To L (4)
- 5-6 Step L Back (5) Step R Back (6)
- 7-8 Step L Forward (7) Scuff R Forward (8)

[41-48] SHUFFLE RIGHT FORWARD, LEFT PIVOT 1/2 TURN, LEFT SHUFFLE FORWARD, RIGHT PIVOT 1/4 TURN.

- 1&2 Step R Forward (1) Step L Together (&) Step R Forward (2)
- 3-4 Step L Forward (3) Make 1/2 Pivot Turn To R, Weight On R (4)
- 5&6 Step L Forward (5) Step R Together (&) Step L Forward (6)
- 7-8 Step R Forward (7) Make 1/4 Turn L, Step On L (8) 9.00

[49-56] CROSS BACK & CROSS POINT RIGHT, RIGHT SAILOR STEP, LEFT BACK ROCK

- 1 2 &3 4 cross right over left (1) step back on the left (2) step onto right (&) cross left over right (3) point right to right side (4)
- 5&6 step right behind left (5) step left in place (&) step right to right side (6)
- 7 8 rock back on the left (7) recover weight onto right (8)

[57-64] LEFT FORWARD ROCK RECOVER ON RIGHT, TOUCH LEFT TOE BEHIND RIGHT, UNWIND 1/2 TURN, RIGHT JAZZ BOX CROSS

1-2 Rock L Forward (1) Recover On R (2)
3-4 Touch L Behind R (3) Unwind 1/2 Turn L, Weight On L (4)
5-6 Cross R Over L (5) Step L Back (6)
7-8 Cross R Over L (8) 3.00

Tag during wall 3 after count 4 add

1-2 Step Right Side (1) Touch Left To Right
3-4 Step Left Side (3) Touch Right To Left.

Then Start again

Enjoy!!
