Listen To Your Senses



Compte: 64 Mur: 4 Niveau: Improver Chorégraphe: Glynn Rodgers (UK) & Steve Rutter (UK) - May 2015

Musique: Listen to Your Senses - Alan Jackson



[1-8]: ☐ Diagonal Step Touches Right & Left, Mambo ½ Turn, Hold.

Step diagonally forward right to right corner, touch left to right.Step diagonally forward left to left corner, touch right to left.

Rock forward right, recover weight onto left.Make ½ turn right, stepping forward right, hold.

[9-16]: ☐ Shuffle ½ turn, Hold, Run Back x3, Hold.

1-4 Make ½ turn right stepping – left-right-left, hold.

5-8 Run back right-left-right, Hold.

[17-24]:□Kick, Out, Out, Close, Walks forward with Holds.

1-2 Kick left over right, step left to left side.
3-4 Step right to right side, close left to place.
5-8 Step forward right, hold, step forward left, hold.

[25-32]: ☐ Kick, Out, Out, Close, Step, Hold, Pivot ½, Hold.

1-2 Kick right over left, step right to right side.3-4 Step left to left side, close right to place.

5-6 Step forward left, hold. 7-8 Pivot ½ turn right, hold.

[33-40]: ☐ Step, Scuff, Step, Scuff, Mambo Step with Hitch.

1-2 Step forward left, scuff right foot forward.
3-4 Step forward right, scuff left foot forward.
5-6 Rock forward left, recover weight onto right.

7-8 Step back left, hitch right knee.

[41-48]:□Back, Touch, Step, Scuff, Rocking Chair.

1-2 Step back onto right, touch left toe over right.

3-4 Step forward left, scuff right forward.
5-6 Rock forward right, recover onto left.
7-8 Rock back right, recover onto left.

[49-56]: ☐ Monterey ¼ Turn, Touches out-in-out, Hold.

1-2 Point right to right side, close right to left turning ¼ right on the ball of left foot.

3-4 Point left to left side, close left to right.

5-6 Point right to right side, touch right beside left.

7-8 Point right to right side, hold.

[57-64]: Modified Monterey ½ Turn, Touches in-out-in.

1-2 Close right to left, point left to left side.

3-4 Make ½ turn left on ball of right closing left to right, point right to right side

5-6 Touch right beside left, point right to right side.

7-8 Touch right beside left, hold.

Start again, No Tags, No Restarts!

