# Breaking the Law

Niveau: Beginner

Chorégraphe: Pat Newell (USA) - January 2010 Musique: There Oughta Be a Law - Leroy Parnell

### **Senior Dancing Series**

Compte: 32

Learning: Traveling heel stands, grapevines, step kick, step together, traveling hips forward and back

#32 counts in to vocal

#### **HEEL STANDS MOVING TO 6:00 WALL**

- 1-4 R heel forward, step on R 12:00, L heel to 10:00 step down,
- 5-8 R heel to 4:00 step down, L heel to 6:00 step down- 6:00

#### **RIGHT VINE WITH TOUCH, LEFT VINE WITH TOUCH**

- Step R, L behind R, R to side, touch L beside R 1-4
- 5-8 Step L, R behind L, L to side, touch R beside L

#### STEP KICK, STEP TOGETHER, STEP KICK, STEP TOGETHER

- Step forward on R, kick L, step down on L, step tog R 1-4
- 5-8 Step forward on L, kick R, step down on R, step tog L

## TRAVELING HIPS FORWARD AND BACK \*FULL WEIGHT EACH STEP SWINGING HIPS

- 1-4 Step diagonal forward on R, diagonal fwd L, diagonal fwd R, diagonal fwd L
- 5-8 Step diagonal back on R, diagonal back on L, diagonal back on R, diagonal back on L

Note: Move shoulders as well as hips in the last eight counts

## DANCE FOR THE HEALTH OF IT





**Mur:** 2