

# Silver Moon (銀色月光) (zh)

COPPER KNOB  
STYLEDANCE

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Kate Sala (UK) - 2007年08月

Musique: Tired of Being Sorry - Enrique Iglesias

前奏 : Start after a 32 count intro counting from the first heavy beat 第一個重音開始32拍起跳

- 第一段** **Back Rock, Shuffle Forward, Side Switches, Step Forward, Pivot ¼ Turn R.** 後下沉, 前交換, 側點踏交換, 前踏, 右轉1/4
- 1-2 Rock back on R. Rock forward on L. 右足後下沉, 左足前下沉
- 3&4 Step forward on R. Step L next to R. Step forward on R.  
右足前踏, 左足併踏, 右足前踏
- 5&6 Touch L toe out to L side. Step L in next to R. Touch R toe out to R side. 左足趾左點, 左足併踏, 右足趾右點
- 8-7-8 Step R next to L. Step forward on L. Pivot ¼ turn R.  
右足併踏, 左足前踏, 右轉90度

(Restart from here on wall 2, facing 6 o'clock).

第二面牆面向6點鐘跳至此從頭起跳

- 第二段** **Step, Pivot ¼ R, Step Forward on L. Turn ¼ L, Sailor Step, Hold, Together, Side Step.** 踏, 右轉1/4, 左前踏, 左轉1/4, 水手步, 候, 併, 側踏
- 1-2 Step forward on L. Pivot ¼ R facing back wall.  
左足前踏, 右轉90度
- 3-4 Step forward on L. Turn ¼ L stepping R to R side. (Facing 3 o'clock).  
左足前踏, 左轉90度右足右踏(面向3點鐘)
- 5&6 Cross step L behind R. Step R to R side. Step L to L side.  
左足於右足後交叉踏, 右足右踏, 左足左踏
- 7&8 Hold. Step R in next to L. Step L to L side  
候, 右足併踏, 左足左踏
- 第三段** **Hitch & Side Touch, Pivot ¼ Turn L. Step Back, Rock Back, Recover, Shuffle.** 抬 & 側點, 左轉1/4, 後踏, 後下沉, 回復, 交換步
- 1&2 Hitch up R knee. Step down on R. Touch L toe out to L side.  
右膝蓋抬起, 右足踏, 左足趾左點
- 3-4 Keeping the feet where they are pivot ¼ turn L. Step back on L. (facing 12 o'clock). 左轉90度, 左足後踏(面向12點鐘)
- 5-6 Rock back on R. Rock forward on L. 右足後下沉, 左足前下沉
- 7&8 Step forward on R. Step L next to R. Step forward on R  
右足前踏, 左足併踏, 右足前踏
- 第四段** **Step, Pivot ½ Turn R, Shuffle ½ Turn R travelling back, Rock Back, Kick Ball Change.** 踏, 右轉1/2, 右轉1/2後交換步, 後下沉, 踢交換步
- 1-2 Step forward on L. Pivot ½ turn R. 左足前踏, 右轉180度
- 3&4 Turn ¼ R stepping L to L side. Step R next to L. Turn ¼ R stepping back on L. 右轉90度左足左踏, 右足併踏, 右轉90度左足後踏
- 5-6 Rock back on R. Rock forward on L.  
右足後下沉, 左足前下沉
- 7&8 Kick R forward. Step down on ball of R. Step down on L.  
右足前踢, 右足踏, 左足踏
- 第五段** **Toe Strut, Rock Step, Step Back, Hold, & Step Back, Hold.** 趾躡步, 下沉踏, 後踏, 候 & 後踏, 候

- 1-2 Step forward on R toe. Drop R heel.  
右足趾前點, 右足踵踏
- 3-4 Rock forward on L. Rock back on R.  
左足前下沉, 右足後下沉
- 5-6 Step back on L. Hold with optional clap.  
左足後踏, 候&拍手
- &7-8 Step R back next to L. Step back on L. Hold with optional clap.  
右足併踏, 左足後踏, 候&拍手

(Restart from here on wall 4 facing 9 o'clock.  
第四面牆面向9點鐘跳至此從頭起跳

**第六段 Rock Back, Kick, Out, Out, Sailor Step, Rock Forward.**  
後下沉, 踢外外, 水手步, 前下沉

- 1-2 Rock back on R. Rock forward on L.  
右足後下沉, 左足前下沉
- 3&4 Kick R forward. Step down on R to R side. Step on L to L side.  
右足前踢, 右足右踏, 左足左踏
- 5&6 Cross step R behind L. Step L to L side. Step forward on R.  
右足於左足後交叉踏, 左足左踏, 右足前踏
- 7-8 Rock forward on L. Rock back on R.  
左足前下沉, 右足後下沉

**第七段 Full Turn Back On L, R Travelling Back, Rock Back, Step Pivot ¼ Turn R, Diagonal Cross Shuffle.**  
左後轉圈, 右後, 後下沉, 踏右轉90度, 斜角線交叉交換

- 1-2 Turn ½ L stepping forward on L. Turn ½ L stepping back on R.  
左轉180度左足前踏, 左轉180度右足後踏  
(Alternative option for the above 2 counts – Walk back on L, R)  
選擇版: 後走步(左, 右)
- 3-4 Rock back on L. Rock forward on R 左足後下沉, 右足前下沉
- 5-6 Step forward on L. Pivot ¼ turn R 左足前踏, 右轉90度
- 7&8 Cross step L over R & slightly forward. Step R forward to R diagonal. Cross step L over R  
左足於右足略前交叉踏, 右足右斜角線前踏, 左足於右足前交叉踏  
(The above cross shuffle travels forward to the right diagonal.)  
前項交叉交換向右斜角線前進

**第八段 Side Touch, Cross Step, Side Rock, Recover, Diagonal Cross Shuffle, Side Touch, Hold.**  
側點, 交叉踏, 側下沉, 回復, 斜角線交叉交換, 側點, 候

- 1-2 Touch R toe out to R side. Cross step R over L.  
右足趾右點, 右足於左足前交叉踏
- 3-4 Rock on L out to L side. Recover on to R.  
左足左下沉, 右足回復
- 5&6 Cross step L over R. Step R forward to R diagonal. Cross step L over R. 左足於右足前交叉踏, 右足右斜角線前踏, 左足於右足前交叉踏  
(The above cross shuffle travels forward to the R diagonal)  
前項交叉交換向右斜角線前進
- 7-8 Touch R out to R side. Hold 右足右點, 候
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