

# Move Slower (P)

Compte: 32

Mur: 0

Niveau: High Beginner

Chorégraphe: Estelle Ward (UK) - January 2016

Musique: Nobody's Home - Clint Black



Adapted from line dance 'Move Slowly' by Michelle Risley

Sweetheart position at start and same footwork throughout

**Rock side recover shuffle forward right then left.**

1 2            Rock side right recover onto left  
3&4           Shuffle forward right  
5 6           Rock side left recover onto right  
7&8           Shuffle forward left

**Step quarter pivot left cross shuffle, weave**

1 2            Step forward right quarter pivot left into centre  
**(Bring right arms over ladies head into reverse Indian)**  
3&4           Cross shuffle with right. (into reverse lien of dance)  
5678          Step left to left side cross right behind left, step left to left side and cross right over left.

**Rock side left recover cross shuffle, weave.**

1 2            Rock left to left side recover onto right  
3&4           Cross shuffle with left  
5678          Step right to right side cross left behind right, step right to right side and cross left over right.

**Rock side right, quarter turn to right, recover left, shuffle back, rock back recover shuffle forward**

1 2            Rock side right recover onto left as you quarter turn right into line of dance.  
**(Hands back into sweetheart)**  
3&4           Shuffle back on right  
5 6           Rock back left recover forward onto right  
7&8           Shuffle forward left

**Start again and enjoy**

Thank you to Michelle for allowing me to adapt her line dance such a great dance and song.

Contact: [ems.ward@btinternet.com](mailto:ems.ward@btinternet.com)

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