

Vaya Con Dios (與愛同行) (zh)

COPPER KNOB
BY STEPHEN

Compte: 48

Mur: 4

Niveau: Beginner

Chorégraphe: Maggie Gallagher (UK) - 2009年06月

Musique: Vaya Con Dios - Freddy Fender



前奏 : Intro: 24 counts (14secs) 24拍後起跳

第一段 Left Twinkle, Right Twinkle With 1/4 Right 左華士步, 右華士步帶右1/4

- 1-3 Cross left over right, Step right to right side, Step left beside right turning towards left diagonal
左足於右足前交叉踏, 右足右踏, 左足併踏面向左斜角
- 4-6 Cross right over left, Step left to left side, 1/4 turn right stepping right to right side
右足於左足前交叉踏, 左足左踏, 右轉90度右足右踏

第二段 Weave Right, Rolling Vine Right 右藤步, 右轉華倫

- 1-3 Cross left over right, Step right to right side, Cross left behind right 左足於右足前交叉踏, 右足右踏, 左足於右足後交叉踏
- 4-6 1/4 turn right stepping forward on right, 1/2 turn right stepping back on left, 1/4 turn right stepping right to right side
右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏

第三段 Left Twinkle, Right Twinkle With 1/4 Right 左華士步, 右華士步帶右1/4

- 1-3 Cross left over right, Step right to right side, Step left beside right turning towards left diagonal
左足於右足前交叉踏, 右足右踏, 左足併踏面向左斜角
- 4-6 Cross right over left, Step left to left side, 1/4 turn right stepping right to right side
右足於左足前交叉踏, 左足左踏, 右轉90度右足右踏

第四段 Weave Right, Right Kick Ronde, Cross Behind, Step Side 右藤步, 右踢轉, 後交叉, 側踏

- 1-3 Cross left over right, Step right to right side, Cross left behind right 左足於右足前交叉踏, 右足右踏, 左足於右足後踏
- 4-6 Ronde right kick around, Cross right behind left, Step left to left side 右足踢繞轉, 右足繞至左足後交叉踏, 左足左踏

第五段 Right Balance Forward, Back, 1/2 Right, 1/2 Right Together 右均衡步, 後踏, 右1/2, 右1/2併

- 1-3 Step forward on right, Step left next to right, Transfer weight to right 右足前踏, 左足併踏, 重心回右足
- 4-6 Step back on left, 1/2 turn right stepping forward on right, 1/2 turn right stepping left next to right
左足後踏, 右轉180度右足前踏, 右轉180度左足併踏

Easier簡易版 4-6 Left balance back. 後均衡步(後華爾滋)

第六段 Rock Back, Rock Forward, 1/2 Left, Back, Drag Together 後下沉, 前下沉, 左1/2, 後, 拖併

- 1-3 Rock back on right, Rock forward onto left, 1/2 turn left stepping back on right 右足後下沉, 左足前下沉, 左轉180度右足後踏

4-6 Take big step back on left (4), Drag right to meet left (5,6)
左足後一大步, 以2拍拖併

第七段 Right Balance Forward, Back, 1/2 Right, 1/2 Right Together
右前均衡步, 後踏, 右1/2, 右1/2併

1-3 Step forward on right, Step left next to right, Transfer weight to right 右足前踏, 左足併踏, 重心回右足

4-6 Step back on left, 1/2 turn right stepping forward on right, 1/2 turn right stepping left next to right
左足後踏, 右轉180度右足前踏, 右轉180度左足併踏

Easier簡易版 4-6 Left balance back. 後均衡步(後華爾滋)

第八段 Rock Back, Rock Forward, 1/2 Left, 1/4 Left, Cross, Point
後下沉, 前下沉, 左1/2, 左1/4, 交叉, 點

1-3 Rock back on right, Rock forward onto left, 1/2 turn left stepping back on right 右足後下沉, 左足前下沉, 左轉180度右足後踏

4-6 1/4 turn left stepping left to left side, Cross right over left, Point left toe to left side
左轉90度左足左踏, 右足於左足前交叉踏, 左足趾左點
