

Sweet Like Cola (甜似可樂) (zh)

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Francien Sittrop (NL) - 2010年08月

Musique: Sweet Like Cola - Lou Bega



前奏 : Intro: Start after 16 counts (14 sec.)

第一段 Chasse R, Rock, Recover, Toe Struts x2 右追步, 後下沉 回復, 趾踵二次

- 1&2 Step R to R side, Step L next to R, Step R to R side
右足右踏, 左足併踏, 右足右踏
- 3-4 Rock L back, Recover on R
左足後下沉, 右足回復
- 5-6 Step L toe fwd, Step L down
左足趾前點, 左足踏
- 7-8 Step R toe across L, Step R down
右足趾於左足前交叉點, 右足踏

第二段 Chasse L, Rock Recover, ½ Turn L, Cross Shuffle 左追步, 後下沉 回復, 1/4 1/4, 交叉交換

- 1&2 Step L to L side, Step R next to L, Step L to L side
左足左踏, 右足併踏, 左足左踏
- 3-4 Rock R back, Recover on L 右足後下沉, 左足回復
- 5-6 ¼ L step R back, ¼ L step L to L side (6.00)
左轉90度右足後踏, 左轉90度左足左踏(面向6點鐘)
- 7&8 Step R across L, Step L to L side, Step R across L
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第三段 Scuff L, Touch Ball Cross, Side, Sailor ¼ Turn R, Step fwd, Pivot ½ R 擦踢, 併點-併踏-交叉, 左, 1/4轉 水手, 踏轉

- 1 Scuff L Diag left fwd 左足前擦踢
- 2&3 Touch L next to R, Step L next to R, Step R across L
左足併點, 左足併踏, 右足於左足前交叉踏
- 4 Step L to L side 左足左踏
- 5&6 Sailor Step ¼ Turn R (9.00)
右90度轉水手(面向9點鐘)
- 7-8 Step L fwd, Pivot ½ Turn R (3.00)
左足前踏, 右軸轉180度(面向3點鐘)

第四段 Shuffle ½ Turn R, Rock, Recover, Full Turn L, Hip Sway 轉交換, 後下沉 回復, 轉轉, 右推臀, 左推臀

- 1&2 Shuffle ½ Turn R (9.00) 右180度轉交換(面向9點鐘)
- 3-4 Rock R back, Recover on L 右足後下沉, 左足回復
- 5-6 ½ Turn L step R back, ½ Turn L step L fwd (9.00)
左轉180度右足後踏, 左轉180度左足前踏(面向9點鐘)
- 7-8 Hip Sway R, L 右推臀, 左推臀

TAG: AFTER wall 9 & 10 第九面牆及第十面牆結束時加拍

Chasse R, Rock, Recover, Chasse L. Rock, Recover
右追步, 後下沉 回復, 左追步, 後下沉 回復

- 1&2 Step R to R side, Step L next to R, Step R to R side
右足右踏, 左足併踏, 右足右踏
- 3-4 Rock L back ,Recover on R 左足後下沉, 右足回復
- 5&6 Step L to L side, Step R next to L, Step L to L side
左足左踏, 右足併踏, 左足左踏
- 7-8 Rock R back, Recover on L 右足後下沉, 左足回復
-