

Lighter Up

Compte: 48

Mur: 2

Niveau: Improver

Chorégraphe: Denys BEN (FR) & Marie-France BEN (FR) - October 2020

Musique: Lighter Up - Darius Rucker



Intro - 16 counts

*1 Restart the 5th wall after the 3rd section

Section 1: Rock step right side, cross right over left, left side, kick right diagonal right Stomp right, Stomp left forward, ¼ turn swive the right, ¼ turn left the Swive,

1-2 Rock right to the right side, recover left

3 & 4 Cross right over left, Step left to the left side, Kick right diagonally right,

5 - 6 Stomp right beside left - Stomp left forward

7 - 8 The Swivel : Rotate right, left to right in ¼ turn right (7) Rotate right, left left ¼ turn left (8)

Section 2: Kick right forward, Right step back, left back Lock Shuffle, Rock step right side, Cross left triple

1-2 Kick right forward, Step right behind

3 & 4 Lock chased back, Left over right, right step back, left over right

5 - 6 Rock step right to the right side, return on left

7 & 8 Cross right over left, step to the left side, Cross right over left

Section 3: Left step side left, right step together, step left side left with bump, bump, right, bump left , Rock step right back, right Side dot, dot right next to left, Point right Side

1-2 Step left to left, Step right next to left

3 & 4 Step left to left with bump left, bump right, left bump

5 - 6 Rock right behind left, recover on left

7 & 8 Right point to the right, Point right next to left, Point on the right side

Restart here 5 th wall 12:00

Section 4: Right step next to left, left step back, unwind ½ turn left, right step forward, flick left back Left step back, right Hook, Right Step forward, Hitch left, ½ turn right, step left next to right

& 1-2 Step right beside left, Step left behind right, unwind ½ turn left

3 - 4 Step right forward, flick left behind right,

5 - 6 Step left back, Cross right over left leg

7 & 8 Step right forward, Hitch left, ½ turn right, Left step next to right

Section 5: Heel switch point switch, step left next to right, right step right side, Left step next to right, triple step right side

1 & 2 right heel forward, right heel next to left, left heel forward

& 3 & 4 left next to right, Right Point on the right side, right next to left, left Point on the left side

& 5-6 Step left next to right, Step right to the right side, Step left next to right

7 & 8 chasse right : right step on the right, left next to right, right on the right

Section 6: Triple step forward left diagonal left, triple step ½ turn left back, Triple step left back, rock step right back

1 & 2 Shuffle diagonally left, left, right, left

3 & 4 shuffle ½ left back, right back, left over right, step right back

5 & 6 Shuffle back, left, right, left

7 - 8 Rock step back right, recover left