

Single Time, Double Time

Compte: 48

Mur: 4

Niveau: Beginner

Chorégraphe: Judy Rice (USA) - November 2015

Musique: I Love This Life - LOCASH



GRAPEVINE RIGHT, QUICK WEAVE VINE LEFT

- 1,2 Step right foot to side, step behind on left foot.
3,4 Step R foot to side, touch L toe next to R foot.
5&6& Quickly step L foot to side, step behind on R foot, step L to side, cross R foot in front.
7&8 Quickly step L foot to side, step behind on R foot, step L foot to side.

RIGHT ROCKING CHAIR, QUICK RIGHT ROCKING CHAIR, RIGHT SHUFFLE FORWARD

- 9,10 Step R foot forward, rock back on L foot.
11,12 Step R foot back, rock forward on L foot.
13&14& Quickly step R foot forward, rock back on L foot, step R foot back, rock forward on L foot.
15&16 Triple step (cha-cha-cha) forward R-L-R.

GRAPEVINE LEFT, QUICK WEAVE VINE RIGHT

- 17,18 Step left foot to side, step behind on right foot.
19,20 Step L foot to side, touch R toe next to L foot.
21&21& Quickly step R foot to side, step behind on L foot, step R to side, cross L foot in front.
23&24 Quickly step R foot to side, step behind on L foot, step R foot to side.

LEFT ROCKING CHAIR, QUICK LEFT ROCKING CHAIR, LEFT SHUFFLE FORWARD

- 25,26 Step L foot forward, rock back on R foot.
27,28 Step L foot back, rock forward on R foot.
29&30& Quickly step L foot forward, rock back on R foot, step L foot back, rock forward on R foot.
31&32 Triple step (cha-cha-cha) forward L-R-L.

RIGHT, LEFT STEP TOUCHES, QUICK RIGHT, LEFT STEP TOUCHES,, RIGHT KICK-BALL-CHANGE

- 33,34 Step R foot to side, touch L toe next to R foot.
35,36 Step L foot to side, touch R toe next to L foot.
37&38& Quickly step R foot to side, touch L toe next to R foot, step L foot to side, touch R toe next to L foot.
39&40 Kick R foot out, step on ball of R foot, then step on left foot.

RIGHT, LEFT HEEL TOUCHES, RIGHT, LEFT HEEL SWITCHES, STEP ¼ TURN PIVOT

- 41,42 Touch R heel forward, step down on R foot.
43,44 Touch L heel forward, step down on L foot.
45&46& Quickly touch R heel forward, step down on R foot, touch L heel forward, step down on L foot.
47,48 Touch R toe forward, pivot ¼ turn to the left, keeping weight on left.

This dance has no tags or restarts. In each 8 count, you do the same steps slow then fast – single time, double time, sometimes with one more set of steps to finish the 8 count. Enjoy!!

Contact ~ Judy Rice - jsrice65133@yahoo.com