

Lay Down Beside Me

Compte: 54

Mur: 2

Niveau: Improver waltz

Chorégraphe: Mike Stringer (UK) - October 2015

Musique: Lay Down Beside Me - Nathan Carter : (Album: Time Of My Life)



Section 1: □□ 2x Half Turn forward

- 1 Step left forward turning $\frac{1}{4}$ over left shoulder
- 2 Step right forward turning $\frac{1}{4}$ over left shoulder
- 3 Step left foot together (6 o'clock)
- 4 Step right foot back turning $\frac{1}{4}$ over left shoulder
- 5 Step left foot forward turning $\frac{1}{4}$ over left shoulder
- 6 Step right foot together (12 o'clock)

Section 2: □□ Basic forward, back $\frac{1}{4}$ turn

- 1 Step left foot forward
- 2 Step right foot next to left
- 3 Step left foot next to right (12 o'clock)
- 4 Step right foot back turning $\frac{1}{4}$ over left shoulder
- 5 Step left foot marginally out to left side
- 6 Step right foot in place (9 o'clock)

Section 3: □□ Twinkle, Twinkle $\frac{1}{2}$ turn

- 1 Cross left foot over right
- 2 Step right foot next to left
- 3 Step left foot next to right (9 o'clock)
- 4 Cross right foot over left
- 5 Step left foot back turning $\frac{1}{4}$ over right shoulder
- 6 Step right foot forward turning $\frac{1}{4}$ over right shoulder (3 o'clock)

Section 4: □□ Weave, Hip sway x3

- 1 Cross left foot over right
- 2 Step right foot to the right side
- 3 Step left foot behind right (3 o'clock)
- 4 Step right to right side swaying hips to the right
- 5 Sway hips to the left
- 6 Sway hips to the right putting weight on right (3 o'clock)

Section 5: □□ Forward $\frac{1}{2}$ turn, Basic back

- 1 Step left foot forward turning $\frac{1}{4}$ over left shoulder
- 2 Step right foot forward turning $\frac{1}{4}$ over left shoulder
- 3 Step left foot together (9 o'clock)
- 4 Step right foot back
- 5 Step left foot together
- 6 Step right foot together (9 o'clock)

Section 6: □□ Forward $\frac{1}{4}$ turn, weave

- 1 Step left foot forward
- 2 Step right foot next to left turning $\frac{1}{4}$ over left shoulder
- 3 Step left foot next to right (6 o'clock)
- 4 Cross right foot over left
- 5 Step left foot to left side
- 6 Cross right foot behind left (6 o'clock)

Section 7: □□ Rock ¼ turn, Cross rock, side

- 1 Rock left foot out to left side
- 2 Recover weight onto right turning ¼ over right shoulder
- 3 Step left foot slightly forward (9 o'clock)
- 4 Cross rock right foot over left
- 5 Recover weight onto left
- 6 Step right foot to right side

Section 8: □□ Forward, point, hold, back, point, hold

- 1 Step left foot forward
- 2 Point right foot out to right side
- 3 Hold for one count (9 o'clock)
- 4 Step right foot back
- 5 Point left foot to left side
- 6 Hold for one count

Section 9: □□ Forward ¼ turn, Basic back

- 1 Step left foot forward turning ¼ over left shoulder
- 2 Step right foot next to left
- 3 Step left foot next to right (6 o'clock)
- 4 Step right foot back
- 5 Step left foot next to right
- 6 Step right foot next to left (6 o'clock)

**TAG: There is one 3 count Tag at the end of wall 2 facing 12 o'clock.
You will finish the dance with a basic back,
Then tap left heel in place three times whilst clicking fingers on right hand,
Then begin dance again from count 1**

Contact: peppermintpolo1@hotmail.co.uk
