

# It Feels Good

**COPPER** KNOB  
BY STEPHEN METZGER

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Michael Metzger (USA) - October 2015

Musique: It Feels Good - Drake White



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## [1-8] Heel Dig with ¼ Turn Right, Coaster Step, Cross Behind to Heel Jack , ¼ Turn Left and Step, Step

- 1, 2 Step forward on R heel, Turn ¼ right and step L back (3:00)  
3&4 Step R back, Step L together, Step R forward on slight diagonal out  
5&6& Cross L behind R, Step R together, Touch L heel forward on diagonal, Step L together  
7, 8 Turn ¼ left and step R forward, Step L forward (12:00)

## [9-16] Heel Switch, Heel Switch, Scuff, Hitch, Turn ¼ Right and Point, Snap, Sway Hips, Sway Hips

- 1&2& Touch R heel forward, Step R together, Touch L heel forward, Step L together  
3, 4 Scuff R forward, Hitch R  
5, 6 Turn ¼ right and point R to side, Snap right hand up (3:00)  
7, 8 Sway hips right, Sway hips left

## [17-24] Wizard Step, Wizard Step, Kick Ball Step, Pivot Turn

- 1, 2& Step R forward to diagonal, Cross L behind, Step R together  
3, 4& Step L forward to diagonal, Cross R behind, Step L together  
5&6 Kick R forward, Step ball of R together, Step L forward  
7, 8 Step R forward, Pivot ½ left taking weight to L (9:00)

## [25-32] Step to Side, Hold, Step Together, Step to Side, Touch, Backward Stepping Heel Switches x4

- 1, 2&3 Step R to side, Hold, Step L together, Step R to side  
4 Touch L together  
&5&6 Step L slightly back, Touch R heel forward, Step R slightly back, Touch L heel forward  
&7&8& Step L slightly back, Touch R heel forward, Step R slightly back, Touch L heel forward, Step L slightly back

**Restart:** There is one Restart after the first 16 counts of wall 3. Sway your hips and then go right into a heel dig.

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