# A Little Love Social Cha



Compte: 32 Mur: 4 Niveau: Beginner

**Chorégraphe:** Lisa McCammon (USA) - September 2015 **Musique:** Put a Little Love In Your Heart - Dolly Parton



#### #8 count intro

Alternate music: Wasted Days And Wasted Nights by Scooter Lee, 108 BPM (evenly phrased)

Clockwise rotation; start weight on left

CHOREOGRAPHER'S NOTE: This is a teaching dance with consistent rhythm in each set to introduce triple step weight changes and combinations to students above the AB level.

There are 8 pages of 32 count beginner level social cha-chas on Kickit, so it's likely that this combination has been written already.

### [1-8] SIDE ROCK, RECOVER, TRIPLE IN PLACE, SIDE ROCK, RECOVER, TRIPLE IN PLACE

1-2 Rock R side right, recover weight to L

3&4 Step in place RLR

5-6 Rock L side left, recover weight to R

7&8 Step in place LRL

# [9-16]□FORWARD ROCK, RECOVER, TRIPLE IN PLACE, FORWARD ROCK, RECOVER TRIPLE IN PLACE

| 1-2 Rock R forward, recover we | gh | t to | ) L |
|--------------------------------|----|------|-----|
|--------------------------------|----|------|-----|

3&4 Step in place RLR

5-6 Rock L FORWARD, recover weight to R

7&8 Step in place LRL

#### [17-24] ROCK FORWARD, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER, TRIPLE FORWARD

| 1-2 | Rock R forward, recover weight to L     |
|-----|---|
| 3&4 | Step back R, close L, step back R       |
| 5-6 | Rock L back, recover weight to R        |
| 7&8 | Step forward L, close R, step forward L |

# [25-32] ROCK FORWARD, RECOVER, COASTER STEP, STEP, TURN RIGHT 1/4, CROSS-&-CROSS

| 1-2 | Rock forward R, recover weight to L  |
|-----|--------------------------------------|
| 3&4 | Step back R, close L, step forward R |
| 5-6 | Step forward L, turn right 1/4 [3]   |

7&8 Cross step L, step R side right, cross step L

\*To stay on phrase, dancers have two options to accommodate the additional 8 beats of the music (it's very easy to hear).

This will occur after the 4th repetition, facing the front wall.

## Option 1, RESTART

Start your 5th repetition at the front wall then RESTART after 8 counts.

#### Option 2, TAG (This teaches another triple step combination and occurs facing the front so students can see.)

| 1-2 | Rock R side right, recover weight to L   |
|-----|--|
| 3&4 | Step R behind, step side L, cross step R |
| 5-6 | Rock L side left, recover weight to R    |
| 7&8 | Step L behind, step side R, cross step L |

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