

Hit The Base

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Daniel Whittaker (UK) - September 2015

Musique: Club Is Mine by Belmondo



NOTE: The artist is spelt in two ways Bel-Mondo or Belmondo, any problems let me know

START: Start on main vocals!

[1-8] Jazz Box, step ½ turn, ¼ turn hitch

- 1-4 Cross right over left, step left foot back, step right to right side, step left foot forward 12:00
5-6 Step right forward, make ½ turn left 06:00
7-8 Make further ¼ turn left stepping right to right side, hitch left knee 03:00

[9-16] Bump hips (back, forward, back), hitch right, ¼ turn step, point left, hold ball step

- 1-3 Step left foot back as you push left hip back, push right hip forward, push left hip back 03:00
4 Hitch right knee 03:00
5-6 ¼ turn right stepping right to right side, touch left to left side 06:00
7&8 Hold for 1 count, step left beside right, cross right over left 06:00

[17-24] Ball step front, side, sailor step, front side, behind and cross

- &1-2 Step left to left, cross right over left, step left to left side 06:00
3&4 (right sailor step) Step right behind left, step left slightly to left side, step right to right side 06:00
5-6 Cross left over right, step right to right side 06:00
7&8 Step left behind right, step right to right side, step left over right 06:00

[25-32] Right side rock, behind ¼ turn, rock step, Coaster step

- 1-2 Rock right to right, recover weight on left foot 06:00
3&4 Step right behind left, make ¼ turn left stepping left foot forward, step right foot forward 03:00
5-6 Rock left foot forward, recover weight on right foot 03:00
7&8 (Coaster step) Step left foot back, close right to left foot, step left foot forward 03:00

[33-40] Right side rock, swich, Left side rock, switch, rock right foot forward, walk back right, left

- 1-2& Rock right to right side, recover weight on left, step right beside left 03:00
3-4& Rock left to left side, recover weight on right, step left beside right 03:00
5-6 Rock right foot forward, recover weight back on to left 03:00
7-8 Walk back right, left 03:00

[41-48] Reverse ½ turn, step ½ turn, Right dorothy step, Left dorothy step

- 1-2 Make ½ turn right stepping right foot forward, step left foot forward 09:00
3-4 Make ½ turn right, step left foot forward 03:00
5-6& Step right to right diagonal, lock left behind right, step right foot to right diagonal 04:00
7-8& Step left to left diagonal, lock right behind left, step left foot to left diagonal 02:00

[49-56] Side, hitch, touch ¼ turn, rock recover, full turn

- 1-2 Step right to right side, hitch left knee across right 03:00
3-4 Touch left to left side, make ¼ turn left placing weight forward on the left foot 12:00
5-6 Rock right foot forward, recover weight on left 12:00
7-8 Make ½ turn right stepping right foot forward (06:00), make ½ turn right stepping left foot back (12:00) 12:00

[57-64] Back rock, step ¼ turn, modified jazz box ½ turn

- 1-2 Rock right foot back, recover weight on left 12:00
- 3-4 Step right foot forward, make ¼ turn left 09:00
- 5-6 Step right over left, make ¼ turn right stepping left foot back 12:00
- 7-8 Make ¼ turn right stepping right foot forward, step left to left side 03:00

END OF DANCE

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