

Chemistry (愛情效應) (zh)

COPPER KNOB
BY STEPHEN BRETZ

Compte: 32

Mur: 2

Niveau: Intermediate

Chorégraphe: Simon Ward (AUS) - 2008年02月

Musique: Be Without You - Mary J. Blige : (CD: The Breakthrough)



第一段 NC, 90右踏-90-交叉, 90-90-45交叉, 轉-轉

- 1-2& Step left to left side dragging right, cross/rock right behind left, rock/recover weight onto left
左足左踏右拖併, 右足於左足後交叉下沉, 左足回復
- 3-4& Step right to right side making a $\frac{1}{4}$ turn right, step left forward, pivot $\frac{1}{4}$ turn right taking weight onto right
右轉90度右足右踏, 左足前踏, 右軸轉90度重心在右足
- 5-6& Cross/step left over right, step right to right side making $\frac{1}{4}$ turn left, step left back making $\frac{1}{4}$ turn left
左足於右足前交叉踏, 左轉90度右足右踏, 左轉90度左足後踏
- 7-8& Cross/rock right over left turning $\frac{1}{8}$ left (45 deg), step left back making a $\frac{1}{2}$ turn right, step right slightly forward completing $\frac{1}{2}$ turn right (4.30)
左轉45度右足於左足前交叉下沉, 右轉180度左足後踏, 右轉180度右足略前踏(面向4:30)

第二段 270 右下沉-90回復, 踏轉圈 下沉-回復, 後後, 後-轉正-踏繞

- 1-2& Step left slightly forward making a $\frac{3}{4}$ turn right swinging right foot around, rock/step right to right side (1.30), rock/recover weight onto left making a $\frac{1}{4}$ turn left (10.30)
右轉270度左足略前踏右足繞, 右足右下沉(面向1:30), 左轉90度左足回復(面向10:30)
- 3-4& Step right slightly forward making a full turn left swinging left foot around, rock/step left forward, rock/recover weight back onto right (10.30)
右足略前踏左轉圈左足繞, 左足前下沉, 右足回復(面向10:30)
- 5-6 Step left back dragging right, step right back dragging left
左足後踏右足拖併, 右足後踏左足拖併
- 7&8 Step left back, step right beside left turning $\frac{1}{8}$ right, step left forward sweeping right to right side anticlockwise (12.00)
左足後踏, 右轉45度左足併踏, 左足前踏右足逆時針繞轉(面向12點鐘)

第三段 Weave繞, 後-90-踏繞, Weave繞, 後-旁-前-270

- 1&2 Cross/step right over left, step left to left side, step right behind left sweeping left to left anti-clockwise
右足於左足前交叉踏, 左足左踏, 右足於左足後踏左足逆時針繞轉
- 3&4 Step left behind right, step right to right side making a $\frac{1}{4}$ turn right, step left slightly forward sweeping right to right side anti-clockwise (3.00)
左足於右足後踏, 右轉90度右足右踏, 左足略前踏右足逆時針繞(3點鐘)
- 5&6 Cross/step right over left, step left to left side, step right behind left sweeping left to left anti-clockwise
右足於左足前交叉踏, 左足左踏, 右足於左足後踏左足逆時針繞
- 7&8 Step left behind right, step right to right side, cross/step left over right 左足於右足後踏, 右足右踏, 左足於右足前交叉踏
- & Make a $\frac{3}{4}$ turn right taking weight onto right (12.00)
右轉270度重心在右足(面向12點鐘)

第四段 變奏前曼波, 變奏前曼波, 踏 90, 交叉-90-180-併

- 1-2& Rock/step left forward, rock/recover weight back onto right, step left beside right 左足前下沉, 右足回復, 左足併踏

- 3-4& Rock/step right forward, rock/recover weight back onto left, step right beside left 右足前下沉, 左足回復, 右足併踏
- 5-6 Step left forward, pivot a $\frac{1}{4}$ turn right taking weight onto right (3.00)
左足前踏, 右軸轉90度重心在右足(面向3點鐘)
- 7&8 Cross/step left over right, step right to right side making a $\frac{1}{4}$ turn left, step left back making a $\frac{1}{2}$ turn left
左足於右足前交叉踏, 左轉90度右足右踏, 左轉180度左足後踏
- & Step right beside left (6.00) 右足併踏
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