

Malam Bainai (Sumatra Barat)

COPPER **KNOB**
BY STEPSHEETS

Compte: 32

Mur: 4

Niveau: Beginner Cha Cha

Chorégraphe: Mei Rizal (INA) - January 2015

Musique: Malam Bainai - Indonesian Folksongs



Intro: 64 count (Free style)

I. □ STEP FORWARD, STEP BEHIND, FORWARD LOCK SHUFFLE, ROCK FORWARD, RECOVER, ½ TURN WITH SHUFFLE

1 , 2 Step R forward, step L behind R
3&4 Step R forward, step L behind R, step R forward
5 , 6 Rock forward on L, recover on R
7&8 ¼ turn left step L to left side, step R together, ¼ turn left step R forward

II. □ STEP FORWARD, STEP BEHIND, FORWARD LOCK SHUFFLE, ROCK FORWARD, RECOVER, ¼ TURN, CHASSE

1 , 2 Step R forward, step L behind R
3&4 Step R forward, step L behind R, step R forward
5 , 6 Rock forward on L, recover on R
7&8 ¼ turn left chasse on L-R-L

III. □ STEP FORWARD, POINT TOUCH TO SIDE, ROCK FORWARD RECOVER, ½ TURN SHUFFLE.

1 , 2 Step R forward, point touch L to left side
3 , 4 Step L forward, point touch R to right side
5 , 6 Rock R forward, recover on L
7&8 ½ turn right shuffle on R-L-R.

IV. □ ROCKING CHAIR, PIVOT ½ TURN, SHUFFLE FORWARD

1 , 2 Rock L forward, recover on R
3 , 4 Rock L back, recover on R
5 , 6 Rock L forward, ½ turn right step on R
7&8 Shuffle forward on L-R-L.

START AGAIN

Contact: astarien_rini@yahoo.co.id
