

# Real Life

Compte: 48

Mur: 4

Niveau: Intermediate

Chorégraphe: Gail Smith (USA) - August 2015

Musique: Real Life - Jake Owen



## INTRO: 16 Counts, start on vocals - NO Tags Or Restarts

### S1: 1/4 MONTEREY TURN, HEEL SWITCHES, SIDE POINTS, KICK-BALL-STEP

- 1 & Point R toes out to side, 1/4 turn R & step R together
- 2 & Point L toes out to side, step L together
- 3 & 4 & Tap R heel fwd, step together, tap L heel fwd, step together
- 5 & 6 & Tap R toes out to side, step together, tap L toes out to side, step together
- 7 & 8 Kick R fwd, step together on ball of R foot, step L fwd [3:00]

### S2: KICK-HOOK-KICK ( R & L ), LOCK STEP FWD, CHASE 1/2 TURN

- 1 & 2 Kick R fwd, hook R in front of L shin, kick R fwd
- & 3 & 4 Step R together, kick L fwd, hook L in front of R shin, kick L fwd
- & 5 & 6 Step L together, lock step fwd, R-L-R ( or shuffle )
- 7 & 8 Step L fwd, pivot 1/2 turn R, step L fwd [9:00]

### S3: SIDE HOPS with TOUCHES, BACK HOPS with TOUCHES, HEEL JACK, TOUCH

- & 1 & 2 Hop to R side, touch L, bump L hip up-down ( or HOLD & CLAP )
- & 3 & 4 Hop to L side, touch R, bump R hip up-down ( or HOLD & CLAP )
- & 5 & 6 Hop back R, touch L, hop back L, touch R
- & 7 & 8 Hop back R, tap L heel fwd ( L angle ), step L down in place, touch R

### S4: BALL-CROSS, HOLD, BALL-CROSS, HOLD, BALL-CROSS & HEEL, BALL-CROSS, HOLD

- & 1 - 2 Step ball of R to side, step L across R, HOLD and CLAP
- & 3 - 4 Step ball of R to side, step L across R, HOLD and CLAP
- & 5 & 6 Step ball of R to side, step L across R, step R to side, tap L heel to fwd L angle
- & 7 - 8 Step L slightly back, step R across L, HOLD and CLAP

### S5: 1/4 SHUFFLE FWD, FWD MAMBO STEP, COASTER STEP, 1/4 TURN PIVOT

- 1 & 2 Turn 1/4 L as you shuffle fwd L-R-L [6:00]
- 3 & 4 Rock R fwd, recover on L, step R slightly back
- 5 & 6 Step L back, step R together, step L fwd
- 7 - 8 Step R fwd, pivot 1/4 L ( weight to L ) [3:00]

### S6: CROSS, HOLD, BALL-CROSS, HOLD, BALL-CROSS & HEEL, BALL-CROSS, HOLD

- 1 - 2 Step R across L, HOLD and CLAP
- & 3 - 4 Step ball of L to side, step R across L, HOLD and CLAP
- & 5 & 6 Step ball of L to side, step R across L, step L to side, tap R heel to fwd R angle
- & 7 - 8 Step R slightly back, step L across R, HOLD and CLAP

## START AGAIN

Contact Gail: [stepbystep.gail@gmail.com](mailto:stepbystep.gail@gmail.com) - Website: [StepByStepWithGail.jimdo.com](http://StepByStepWithGail.jimdo.com)

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