

Impossible (沒有不可能) (zh)

COPPER KNOB
BY STEPHEN METZ

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Kate Sala (UK) - 2009年11月

Musique: Impossible - Daniel Merriweather : (CD: Love And War)

前奏 : Start after a 64 count intro. On main vocals.

第一段 Right Kick & Side Touch, Left Hitch & Side Touch, Sailor Step With ¼ Turn Right, Heel Switches x2.
踢併點, 抬踏點, 1/4轉水手, 踵收踵收

1&2 Low kick R forward. Step down on ball of R. Touch L toe out to L side.
右足前踢, 右足踏, 左足趾左點

3&4 Hitch L knee up. Step down on ball of L. Touch R toe out to R side.
左膝抬, 左足踏, 右足趾右點

5&6 Cross step R behind L. Turn ¼ R stepping L to L side. Step R down in place. 右足於左足後交叉踏, 右轉90度左足左踏, 右足踏

7&8& Dig L heel forward. Step L next to R. Dig R heel forward. Step R next to L. (3 o'clock).
左足踵前點, 左足併踏, 右足踵前點, 右足併踏(面向3點鐘)

2nd restart is on wall 7. Dance the first section only up to count 7 and replace count 8 With a touch R next to L instep, facing 12 o'clock wall

第七面牆跳至第一段第7拍後, 第8拍改跳右足併點, 面向12點鐘, 從頭起跳

第二段 Walk x2 With ¼ Turn Right, Pivot ¼ R With Side Touch x 2, Cross & Heel & Touch & Heel.
踏 1/4, 1/4划槳兩次, 交叉右踵收併點右下沉踵收

1-2 Step forward on L. Make a ¼ turn R stepping forward on R. (6 o'clock)
左足前踏, 右轉90度右足前踏(面向6點鐘)

3-4 Pivot ¼ R on ball of R touching L to L side. Repeat. (12 o'clock).
以右足右轉90度左足左點, 重覆一次(面向12點鐘)

5&6 Cross step L over R. Step R to R side. Dig L heel forward to L diagonal.
左足於右足前交叉踏, 右足右踏, 左足踵左斜前點

8&7& Step L down in place. Touch R toe next to L instep. Step R out to R side. 左足踏, 右足趾併點, 右足右下
沉

8& Dig L heel forward to L diagonal. Step L down in place.
左足踵左斜前點, 左足踏

第三段 Cross Rock Right Over Left, Scissor Step, Turn ¼ Right, Turn ½ Right, Step Pivot ¼ Right 交叉下沉回
復, 剪刀步, 1/4 1/2, 踏 1/4

1-2 Cross Rock on R over L. Recover on L.
右足於左足前交叉下沉, 左足回復

3&4 Step R to R side. Step L in next to R. Cross step R over L.
右足右踏, 左足併踏, 右足於左足前交叉踏

5-6 Turn ¼ R stepping back on L. Turn ½ R stepping forward on R.
右轉90度左足後踏, 右轉180度右足前踏

7-8 Step forward on L. Pivot ¼ turn R. (12 o'clock).
左足前踏, 右軸轉90度(面向12點鐘)

第四段 Weave Right, Side Rock Right, Sailor Step.
右藤步, 右下沉回復, 水手步

1-2 Cross step L over R. Step R to R side.
左足於右足前交叉踏, 右足右踏

3&4 Cross step L behind R. Step R to R side. Cross step L over R.
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

5-6 Rock out on R to R side. Recover on to L. 右足右下沉, 左足回復

7&8 Cross step R behind L. Step L to L side. Step R to R side.
右足於左足後交叉踏, 左足左踏, 右足右踏

第五段 Cross Touch, Side Touch, Switches Right & Left, Rock Back, Triple ½ Turn Right. 交叉點, 點收點收點, 後下沉 回復, 三步轉

1-2 Cross touch L toe forward to R diagonal. Touch L toe out to L side.
左足趾右斜角交叉點, 左足趾左點

&3&4 Step L in next to R. Touch R toe out to R side. Step R in next to L. Touch L toe out to L side.
左足併踏, 右足趾右點, 右足併踏, 左足趾左點

5-6 Rock back on L. Recover on to R.
左足後下沉, 右足回復

7&8 Triple step on L, R, L on the spot making ½ turn R.
原地三步右轉180度-左, 右, 左

1st restart is on wall 5. Dance the first 5 sections up to count 40. Then restart from the beginning of the dance facing 6 o'clock wall.

第五面牆跳至第五段結束時, 面向6點鐘, 從頭起跳

第六段 Rock Back, Triple ½ Turn Left, Walk Back x2, Coaster Cross. 後下沉 回復, 三步轉, 後走 後走, 海岸交叉

1-2 Rock back on R. Recover on to L. 右足後下沉, 左足回復

3&4 Triple step on R, L, R on the spot making ½ turn L.
原地三步左轉180度-右, 左, 右

5-6 Walk back on L, R. 左足後走, 右足後走

7&8 Step back on L. Step R next to L. Cross step L over R.
左足後踏, 右足併踏, 左足於右足前交叉踏

第七段 Diagonal Step Right, Touch, Diagonal Shuffle Left, Step Pivot ½ Turn Left, Full Turn Left. 斜角踏, 併點, 斜角前交換, 踏 轉, 轉 轉

1-2 Step R forward to R diagonal. Touch L toe next to R instep.
右足右斜角前踏, 左足趾併點

3&4 Step L forward to L diagonal. Step R next to L. Step L forward to L diagonal. 左足左斜角前踏, 右足併踏, 左足左斜角前踏

5-6 Step forward on R. Pivot ½ turn L. (6 o'clock)
右足前踏, 左軸轉180度(面向6點鐘)

7-8 Turn ½ L stepping back on R. Turn ½ L stepping forward on L. (6 o'clock)
左轉180度右足後踏, 左轉180度左足前踏(面向6點鐘)

第八段 Diagonal Step Right, Touch, Diagonal Shuffle Left, Rock Step, Turn ½ R, Turn ¼ Right. 斜角踏, 併點, 斜角前交換, 下沉 回復, 轉 1/2

1-2 Step R forward to R diagonal. Touch L toe next to R instep.
右足右斜角前踏, 左足趾併點

3&4 Step L forward to L diagonal. Step R next to L. Step L forward to L diagonal. 左足左斜角前踏, 右足併踏, 左足左斜角前踏

5-6 Rock forward on R. Recover back on to /L. 右足前下沉, 左足回復

7-8 Turn ½ R stepping forward on R. Turn ¼ R Stepping L to L side.
右轉180度右足前踏, 右轉90度左足左踏
