

Reggae Pong

Compte: 64

Mur: 4

Niveau: High Beginner

Chorégraphe: H. Bambang Setiawan (INA) - July 2015

Musique: Reggae Pong - Nola Tilaar



Intro 64 Count - Start on Vocal

SECTION 1: (HEEL TOUCH, BESIDE) X4

- 1-4 Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R
5-8 Repeat 1-4

SECTION 2: NEW YORK X2

- 1-2 Turn ¼ L step/rock R Forward, Recover on L
3&4 Turn ¼ R step R to side, Step L together, Step R to side
5-6 Turn ¼ R step/rock L forward, Recover on R
7&8 Turn ¼ L step L to side, Step R together, Step L to side

SECTION 3: (CROSS, TOUCH) X2, (PIVOT ¼ LEFT) X2

- 1-4 Cross R over L, Touch L outside L, Cross L over R, Touch R outside R
5-8 Step R forward, Turn ¼ L on L, Step R forward, Turn ¼ L on L

SECTION 4: WALK, WALK, WALK, KICK, BACK, BACK, SIDE, TOUCH

- 1-4 Walk forward (R, L, R), Kick L forward
5-8 Walk back (L, R), Step L to side, Touch R beside L

SECTION 5: RIGHT ROLLING VINE, LEFT ROLLING VINE

- 1-4 Turn ¼ R step R forward, Turn ½ R step L back, Turn ¼ R step R to side, Touch L beside R
5-8 Turn ¼ L step L forward, Turn ½ L step R back, Turn ¼ L step L to side, Touch R beside L

SECTION 6: (SIDE, CLOSE, SIDE, HOLD, KNEE & HIP CIRCLES) X2

- 1-4 Step R to side, Step L together, Step R to side, Hold
5-6 Touch L toe forward, circle knee & hip to the L
7-8 Circle knee & hip to the L

SECTION 7: (SIDE, CLOSE, SIDE, HOLD, KNEE & HIP CIRCLES) X2

- 1-4 Step L to side, Step R together, Step L to side, Hold
5-6 Touch R toe forward, circle knee & hip to the R
7-8 Circle knee & hip to the R

SECTION 8: (V-STEP RIGHT) X2

- 1-4 Step R diagonal R, Step L diagonal L, Step R back to center, Step L back to center
5-8 Repeat 1-4

Restart during wall 4 after 16 count (facing 9 o'clock)

Contact: gieprod@yahoo.com