

Crushin' It

COPPER **NOB**
BY STEPHENETS

Compte: 32

Mur: 4

Niveau: Intermediate



Chorégraphe: Helene Lavoie (CAN), Michael Auclair (FR), Marie-Claude Poirier (CAN) & Michael Lacasse (CAN) - August 2015

Musique: Crushin' It - Brad Paisley

#32 Count Intro

[1 – 8] STOMP, KICK-BALLCROSS, CROSS, SIDE ROCK RECOVER, BEHIND SIDE CROSS

- 1 Up stomp right
- 2 & 3 Kick R forward, step R beside left, cross L over right
- &4 Step R to right, cross L over right
- 5-6 Rock R to right, recover to left
- 7 & 8 Cross R behind left, L to left, R over left

[9 – 16] STEP-LOCK-STEP, STEP PIVOT ½ TURN L W/STOMP DOWN, SHUFFLE FORWARD, CHASER STEP

- 1 & 2 Step L forward, lock R behind left, step L forward
- 3-4 Step R forward, pivot ½ turn left with a stomp down
- 5 & 6 R shuffle forward (R,L,R)
- 7 & 8 Step L forward, pivot ½ turn right, step L forward

[17 – 24] HEEL SWITCHES, CROSS SHUFFLE, SIDE, HEEL, TOGETHER, ¼ TURN & STOMP DOWN, KICK BALL STOMP DOWN

- 1 & 2 & Touch R heel forward, Step R next to left, touch L heel forward, step L next to right
- 3 & 4 Cross shuffle- Cross step R over left, Step L to left, cross R over left
- & 5 & Step L to left, touch R heel forward, step R next to left
- 6 Turn ¼ right and step L forward W/stomp down
- 7 & 8 Kick R forward, step R next to left, stomp down L next to right

[25 – 32] SIDE, BEHIND, SYCOMPATED WEAVE, R SAILOR STEP, RUN X3

- 1-2 Step R to right, cross Left behind right
- & 3 Step R to right, cross L over right
- & 4 Step R to right, cross L behind right
- 5 & 6 R Sailor Step – Cross R behind left, step L to left, step R forward
- 7 & 8 Run Forward, stepping L, R, L

START OVER!

Contact: alvieaguilar@gmail.com