

Love O'Train

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Charles Alexander (SWE) - July 2015

Musique: Love Train - The O'Jays : (CD: The Ultimate O'Jays - 2:57)



Intro: 48 counts, approx. 23 sec – 122 bpm - Dance starts at first verse.

[1 – 8] □ CROSS POINT, POINT SIDE, HITCH, SIDE, SAILOR STEP 1/4 TURN LEFT, WALK RIGHT-LEFT

- 1-2 Cross point right over left. Point right to right side.
3-4 Hitch right leg slightly over left. Step right to side.
5&6 Make 1/4 turn left stepping left behind right. Step right to side. Step left to side and slightly forward. [9:00]
7-8 Step right forward. Step left forward.

[9 – 16] □ SIDE 1/4 TURN LEFT, TOUCH, ROLLING VINE INTO CHASSÉ, RIGHT HEEL GRIND, SIDE

- 1-2 Make 1/4 turn left stepping right to right side. Touch left to left side. [6:00]
3-4 Make 1/4 turn left stepping left forward. Make 1/2 turn left stepping right back.
5&6 Make 1/4 turn left stepping left to side. Step right beside left. Step left to side.
7-8 Cross right heel over left with toes turned to left. Step left to side turning toes to right grinding right heel.

[17 – 24] □ BEHIND, KICK, CROSS, STEP BACK 1/4 TURN LEFT, BACK, HITCH, BACK, HITCH

- 1-2 Step right behind left. Kick left to left side leaning body to the right.
3-4 Cross left over right. Make 1/4 turn left stepping right back. [3:00]
5-6 Step left back. Hitch right in style of a big circle.
7-8 Step right back. Hitch left in style of a big circle.

[25 – 32] □ LEFT COASTER STEP, WALK RIGHT-LEFT, WALK R-L-R-L 1/2 TURN LEFT

- 1&2 Step left back. Step right beside left. Step left forward.
3-4 Step right forward. Step left forward.
5-8 Make 1/2 turn left walking right, left, right, left in a wide arc. [9:00]

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