

Hold My Hand EZ

Compte: 32

Mur: 4

Niveau: Absolute Beginner

Chorégraphe: Annemaree Sleeth (AUS) - July 2015

Musique: Hold My Hand - Jess Glynne : (Single - iTunes)



Intro: 32 counts - Start on vocals "In " My Mind

Great Split Floor to Darling Hold My Hand by Neville Fitzgerald & Julie Harris

Sec 1: Walks Forward 3 Kick, Walks Back 3, Touch,

- 1 – 2 Step R Forward, Step L Forward
- 3 – 4 Step R Forward , Kick L Forward
- 5 – 6 Step L Back , Step R Back
- 3 – 4 Step L Back , Touch R Together (Snap Fingers on all touches)

Sect 2: ¼ R Turn Side Touch, 1/4 L Forward Touch, Side Touch, Side Touch

- 1 – 2 Turn ¼ R Step R Side, Touch L Together (3.00) Bending knees on side touches
- 3 – 4 Turn ¼ L Step L Forward , Touch R Together (12.00)
- 5 – 6 Step R Side, Touch L Together (snapping fingers on all touches)
- 7 – 8 Step L Side, Touch R Together

Sec 3: Forward, Recover, Shuffle Back, Back, Recover, Shuffle Forward

- 1 – 2 Rock R Forward, Recover L
- 3 & 4 Step R Back , Step L Together, Step R Back
- 5 – 6 Rock L Back , Recover R
- 7 & 8 Step L Forward Step R Together Step L Forward

Sec 4: Walk Walk, Step lock step/shuffles x 2, Making ¾ Arc Left

- 1 – 2 Turning L Step R forward, step L forward (starting the arc)
- 3 & 4 Step R Forward, Cross L behind R, step L forward
- 5 – 6 Step L Forward, Step R forward
- 7 & 8 Shuffling/Locking Straight ahead Step L Forward, Cross R behind L, Step L forward (Facing 3.00)

Repeat

Finish by shuffling a complete full turn to the front

Step L forward arms out by sides and pose

Contact ~ Email inlinedancing@gmail.com - Website: inlinedancing.webs.com

Last Site update – 5th July 2015
