

# Polish Waltz

**Compte:** 48

**Mur:** 1

**Niveau:** Beginner waltz

**Chorégraphe:** Russell Breslauer (USA) - June 2015

**Musique:** My Polish Father - Max Kawa

ou: Any good accordion waltz music



**OR:-**

**Blue Skirt Waltz by Lawrence Welk or Bobby Vinton or  
Rendezvous Waltz by Frankie Yankovic/Walter Ostanek**

## **DIAGONAL SIDE BASICS FORWARD**

- 1-2-3 Turning 1/8 right (1:30) Step forward L, R next to left step on L in place  
4-5-6 Turning 1/2 left (10:30) R, L next to right, step R in place  
1-2-3 Turning 1/2 right (1:30) Step forward L, R next to left step on L in place  
4-5-6 Turning 1/2 left (10:30) R, L next to right, step R in place

## **DIAGONAL SIDE BASICS BACKWARD**

- 1-2-3 Step back L, R next to left step on L in place  
4-5-6 Turning 1/2 right (1:30) R, L next to right, step R in place  
1-2-3 Turning 1/2 left (10:30) Step back L, R next to left step on L in place  
4-5-6 Turning 1/2 right (1:30) step back R, L next to right, step R in place turning 1/8 front (12:00)

## **VINE AND SIDE, DRAW, HOLD STOMP (LEFT)**

- 1-2-3 Step L to the left, step R behind Left, step L to the left  
4-5-6 Step R in front of left, L to the left, R behind left  
1-2-3 Step L to the left, Draw R next to Left and Scuff R  
4-5-6 Hitch R, Stomp R and Hold (weight is on left foot) (Motion is backward bicycle)

## **VINE AND SIDE, DRAW, HOLD STOMP (RIGHT)**

- 1-2-3 Step R to the right, step L behind Right, step R to the right  
4-5-6 Step L in front of right, R to the right, L behind right  
1-2-3 Step R to the right, Draw L next to right and Scuff L  
4-5-6 Hitch L, Stomp L and Hold (weight is on left foot) (Motion is backward bicycle)

**Repeat**

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