

# Back it Up, Now!

Compte: 48

Mur: 2

Niveau: Intermediate

Chorégraphe: Pim van Grootel (NL) & Bella Scholtzé - June 2015

Musique: Back It Up (feat. Pitbull) - Prince Royce



Starts after: After 32 Counts

## S1: Basic Samba Steps, R, L, Shuffle Fwd, Diagonal R, Kick, Cross Shuffle Back, Kick

- 1 RF □ Step to right side
  - & LF □ Rock back
  - 2 RF □ Recover weight
  - 3 LF □ Step to left side
  - & RF □ Rock back
  - 4 LF □ Recover weight
  - 5 RF □ Step side, Diagonal right forward - □(10.30)
  - & LF □ Step next to RF
  - 6 RF □ Step side, Diagonal right forward - □(10,30)
  - & LF □ Kick to left side
  - 7 LF □ Step side, Diagonal left backwards □(10.30)
  - & RF □ Cross over LF
  - 8 LF □ Step side, Diagonal left backwards □(10.30)
  - & RF □ Kick to right side, □ (Body rotate to 12.00)
- (Note: Count 5 up to 8& is done in the diagonals from 1.30 – 7.30, Body is Facing 10.30)

## S2: Sailor Step R, L, Cross Behind, Shuffle L, Rock R, Recover Weight

- 1 RF □ Cross behind LF □(12.00)
- & LF □ Step to left side
- 2 RF □ Small step to right side
- & LF □ Cross behind RF
- 3 RF □ Step to right side
- & LF □ Small step to left side
- 4 RF □ Cross behind LF
- 5 LF □ Step to left side
- & RF □ Step next to LF
- 6 LF □ Step to left side
- 7 RF □ Rock to right side
- 8 LF □ Recover weight

## S3: Step Fwd 1/8 Turn L, 1/2 Turn L, Cross Shuffle 1/2 Turn L, Full Turn L, Coaster Step, Flick

- 1 RF □ Step diagonal left forward □ □(10.30)
- 2 LF □ 1/2 Turn left, stepping forward □(4.30)
- 3 RF □ 1/4 Turn left, stepping to right side □(3.00)
- & LF □ Cross over RF
- 4 RF □ 1/4 Turn left, stepping backwards □(10.30)
- 5 LF □ 1/2 Turn left, stepping forward □(4.30)
- 6 RF □ 1/2 Turn left, stepping backwards □(10.30)
- 7 LF □ Step backwards
- & RF □ Step next to LF
- 8 LF □ Step forward
- & RF □ Flick backwards

**S4: Rocking Chair, Cross Rock Step, Cross Rock Step, Cross Over, ¼ Turn R**

- 1 RF□Rock forward□□□(10.30)
- & LF□Recover weight
- 2 RF□Rock backwards
- & LF□Recover weight
- 3 RF□1/8 Turn right, crossing over LF□(12.00)
- & LF□Rock to left side
- 4 RF□Recover weight
- 5 LF□Cross over RF
- & RF□Rock to right side
- 6 LF□Recover weight
- 7 RF□Cross over LF
- 8 LF□¼ Turn right, Stepping backwards□(3.00)

**S5: 3/8 Turn R, Lock Shuffle Right, ½ Turn R, Lock Shuffle L, ½ Turn R, Lock Shuffle R, Step Fwd ½ Turn R**

- 1 RF□3/8 Turn right, stepping forward □(7,30)
- & LF□Lock behind RF
- 2 RF□step forward
- 3 LF□½ Turn right, Stepping backwards□(1.30)
- & RF□Cross over LF
- 4 LF□Step backwards
- 5 RF□½ Turn right, stepping forward□(7.30)
- & LF□Lock behind RF
- 6 RF□Step forward
- 7 LF□Step forward
- 8 RF□½ Turn right, stepping forward□(1.30)

**S6: Walk L, R, Step fwd, Lock Step, Shuffle R, Step Fwd 5/8 Turn L**

- 1 LF□Step forward□□□(1.30)
- 2 RF□Step forward
- & LF□Step forward - (Go a little on the toes)
- 3 RF□Lock behind LF
- & LF□Small step forward
- 4 RF□Step forward
- 5 LF□Step forward
- & RF□Step next to LF
- 6 LF□Step forward
- 7 RF□Step forward
- 8 LF□5/8 Turn Left, stepping forward□(6.00)

**RESTART: In wall 2 after 32, counts, Add a ¼ Turn Right, to start the dance again on count 1.**

**TAG: After Wall 5 doing the following steps:**

**Right & Left Arm Up in the Air**

- 1-4 Right arm up in the air
- 5-8 Left arm up in the air

**Hips, R, L, R, L**

- 1-2 Hips to the right
- 3-4 Hips to the left
- 5-6 Hips to the right
- 7-8 Hips to the left (weight ends on LF)

**- While doing the hips you bring the arms down)**

- 1 RF□Step forward

- 2 LF □ Step forward
- 3 RF □ Step forward
- 4 LF □ ½ Turn left, stepping forward.

**After doing the tag, you will only be dancing the dance 2 more times. Dance the dance on only up to count 32.  
(2x)**

**Enjoy, have fun!!**

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