Master Put It Down



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Ross Brown (ENG) - May 2015

Musique: Mr. Put It Down (feat. Pitbull) - Ricky Martin : (CD: Mr. Put It Down - Single)



Intro : □17 Counts (Approx. 8 Seconds)

Ending: ☐ On Wall 13, dance the first 8 Counts, but don't turn on the Jazz Box.

This is only for the original music (Mr. Put It Down).

Alternative Tracks : ☐Summer Back by Andy Gibson (3:04 – 128 BPM – 32 Count Intro)

Cantina Band by John Williams & London Symphony Orchestra from Stars Wars, Episode IV Soundtrack (2:47 – 132 BPM – 32 Count Intro)

WALK FORWARD. KICK BALL POINT. BALL POINT. JAZZ BOX ½ TURN R.

1 – 2 Walk forward; right, left.

3 & 4 Kick forward with right, step right next to left, point left to the left.

& 5 Step left next to right, point right to the right.

6 – 7 – 8 Cross step right over left, make a ¼ turn right stepping back with left, make a ¼ turn right

stepping forward with right. (6 O'CLOCK)

WALK FORWARD. KICK BALL POINT. BALL POINT. JAZZ BOX 1/4 TURN L.

1 – 2 Walk forward; left, right.

3 & 4 Kick left foot forward, step left next to right, point right to the right.

& 5 Step right next to left, point left to the left.

6 – 7 – 8 Cross step left over right, make a ¼ turn left stepping back with right, step left to the left. (3

O'CLOCK)

CROSS, SIDE. SAILOR STEP. X2.

1-2 Cross step right over left, step left to the left.

3 & 4 Cross step right behind left, step left to the left, step right to the right.

5 – 6 Cross step left over right, step right to the right.

7 & 8 Cross step left behind right, step right to the right, step left to the left. (3 O'CLOCK)

HIP BUMPS; FORWARD, BACK. FORWARD, BACK, FORWARD. X2.

1 - 2 Step forward with right bumping hips forward, bump hips back.
3 & 4 Bump hips; forward, back, forward. (Weight ends on right)
5 - 6 Step forward with left bumping hips forward, bump hips back.

7 & 8 Bump hips; forward, back, forward. (Weight ends on left) (3 O'CLOCK)

END OF DANCE!

Contact: ross-brown@hotmail.co.uk