

# My Heart And Soul

**COPPER** **NOB**  
BY STEPHEN

**Compte:** 64

**Mur:** 4

**Niveau:** Improver



**Chorégraphe:** Thomas C. Tam (CAN) - June 2015

**Musique:** You're My Heart, You're My Soul - Thomas Anders : (Album: Songs Forever)

**Intro: 32 counts**

## **SECTION 1: SIDE, SLIDE, BACK, RECOVER; 1/4 RIGHT, 1/2 RIGHT, 1/4 RIGHT SHUFFLE**

- 1-2 Large step L to left, slide R towards L
- 3-4 Step R behind L, recover on L
- 5-6 Turn 1/4 right stepping R forward, turn 1/2 right stepping L back (9:00)
- 7&8 1/4 turn right shuffle R, L, R (12:00)

## **SECTION 2: CROSS, RECOVER, 1/4 LEFT, 1/4 LEFT; BEHIND, 1/4 RIGHT, FORWARD, RECOVER**

- 1-2 Cross L over R, recover on R
- 3-4 Turn 1/4 left stepping L forward, turn 1/4 left stepping R to right (6:00)
- 5-6 Step L behind R, turn 1/4 right stepping R forward (9:00)
- 7-8 Step L forward, recover on R (\*Restart on Wall 3, facing 3:00\*)

## **SECTION 3: TOE, STEP, TOE, STEP; BACK, RECOVER, PIVOT 1/4 RIGHT**

- 1-2 Touch L toe back, step on L
- 3-4 Touch R toe back, step on R
- 5-6 Rock L back, recover on R
- 7-8 Step L forward, turn 1/4 right with weight on R (12:00)

## **SECTION 4: CROSS, SIDE, BEHIND, RONDE; BEHIND, SIDE, CROSS, RONDE**

- 1-2 Cross L over R, step R to right,
- 3-4 Step L behind R, sweep R back
- 5-6 Step R behind L, step L to left
- 7-8 Cross R over L, sweep L forward

## **SECTION 5: 1/4 LEFT JAZZ BOX; LEFT VINE, TOUCH**

- 1-2 Cross L over R, turn 1/4 left stepping R back (9:00)
- 3-4 Step L to left, cross R over L
- 5-6 Step L to left, step R behind L
- 7-8 Step L to left, touch R next to L

## **SECTION 6: RIGHT ROLLING VINE, TOUCH; SIDE, TOGETHER, LEFT SHUFFLE**

- 1-2 Turn 1/4 right stepping R forward, turn 1/2 right stepping L back (6:00)
- 3-4 Turn 1/4 right stepping R to right, touch L next to R (9:00)
- 5-6 Step L to left, step R next to L
- 7-8 Left shuffle L, R, L

## **SECTION 7: CROSS, RECOVER, 1/4 RIGHT, HOLD; PIVOT 1/4 RIGHT, CROSS, RECOVER**

- 1-2 Cross R over L, recover on L
- 3-4 Turn 1/4 right stepping R forward, hold
- 5-6 Step L forward, turn 1/4 right with weight on R
- 7-8 Cross L over R, recover on R

## **SECTION 8: SCISSOR CROSS, HOLD; SCISSOR CROSS, HOLD**

- 1-2 Step L to left, step R next to L
- 3-4 Cross L over R, hold

5-6 Step R to right, step L next to R  
7-8 Cross R over L, hold

**TAG: There is an 8-count Tag at the end of Wall 6 (facing 12:00), repeat Section 8, then Restart**

**Contact: [mylduniverse@gmail.com](mailto:mylduniverse@gmail.com)**

---