

A Walk On The Wild Side (漫步荒野)

(zh)

COPPER KNOB
STEPSHEETS

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Jacob Ballard (USA)

Musique: Crayons - Donna Summer



前奏 : Start 16 Counts In On Vocals 16拍後唱歌起跳

第一段 Step Lock Step, ¼, ¼, Step Lock Step, ¼, ¼
前鎖步, 1/4 1/4, 前鎖步, 1/4 1/4

1&2 Step Left Forward At The Left Diagonal, Lock Right Behind Left, Step Left Forward At The Left Diagonal
左足左斜角前踏, 右足於左足後鎖踏, 左足左斜角前踏

3-4 Turn ¼ Left Stepping Right To Side, Turn ¼ Left Stepping Left To Side
左轉90度右足右踏, 左轉90度左足左踏

5&6 Step Right Forward At Left Diagonal (Body Should Be Torqued Slightly), Lock Left Behind Right, Step Right Forward At The Left Diagonal
右足左斜角前踏(身體跟著略轉), 左足於右足後鎖踏, 右足左斜角前踏

7-8 Turn ¼ Right Stepping Left To Side, Turn ¼ Right Stepping Right To Side
右轉90度左足左踏, 右轉90度右足右踏

第二段 Kick And Touch, Together And ¼, Step Lock Step, Step, ¼, Cross
踢併點, 併, 點 1/4, 前鎖步, 踏 1/4 交叉

1&2 Kick Left Forward, Step Left Together, Touch Right To Side
左足前踢, 左足併踏, 右足右點

3&4 Step Right Together, Touch Left Toe Slightly Forward Bending Left Knee In Slightly, Turn ¼ Left (Left Leg Should Be Crossed Over Right)
右足併踏, 左足趾略前點左膝略彎, 左轉90度左足於右足前交叉踏

5&6 Step Left Forward, Lock Right Behind Left, Step Left Forward
左足前踏, 右足於左足後鎖踏, 左足前踏

7&8 Step Right Forward, Turn ¼ Left, Cross Right Over Left
右足前踏, 左轉90度, 右足於左足前交叉踏

Restart

On Wall 5, Dance Up To Count 16, Then Restart Dance From Beginning.
第五面牆, 跳至此, 從頭起跳

第三段 ¼, ½, Mashed Potato, Back, ¼, Cross, Kick Flick Step
1/4 1/2, 馬鈴薯泥舞步, 後, 1/4, 交叉, 踢抬踏

1-2 Turn ¼ Right Stepping Left Back, Turn ½ Right Stepping Right Forward
右轉90度左足後踏, 右轉180度右足前踏

3&4 Step Left Forward Twisting Both Heels Inward, Slightly Flick Left To Side Twisting Right Heel Outward, Step Left Back Twisting Both Heels Inward
左足前踏雙足踵轉向內, 左足略抬右足踵轉向內, 左足後踏雙足踵轉向內

5&6 Step Right Back, Step Left Together, Turn ¼ Right Crossing Right Over Left And Dipping Down Slightly
右足後踏, 左足併踏, 右轉90度右足於左足前交叉踏略蹲

7&8 Kick Left Forward At The Left Diagonal Coming Back Up, Flick Left Back, Take Big Step Forward On The Left Turning 1/8 Left
左足左斜角前踢, 左足後抬, 左轉45度左前一大步

第四段 ½, Knee Pops, Monterey Turn, ½ Sailor Step Cross, Unwind
膝彈, 蒙特瑞轉, 轉水手交叉, 繞轉

- 1&2 Turn ½ Right Crossing Right Over Left, Pop Both Knees Out, Recover
右轉180度右足於左足前交叉踏, 雙膝彈外, 回復
- 3&4 Touch Left To Side, Turn 3/8 To Left (6:00) Stepping Left Together, Touch Right To Side 左足左點, 左轉3/8(面向6點鐘)左足併踏, 右足右點
- 5&6 Sweep Right Behind Left Turning ¼ Right, Step Left Slightly To Side Turning ¼ Right, Cross Right Over Left
右轉90度右足繞至左足後踏, 右轉90度左足略左踏, 右足於左足前交叉踏
- 7-8 Unwind ¾ Left (Left Should Now Be Crossed Slightly Over Right)
左繞轉270度左足於右足前交叉踏
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