

# Feel Good

Compte: 32

Mur: 2

Niveau: Novice - Polka

Chorégraphe: Lionel Cuvelier (FR) - April 2015

Musique: "Feel Good Song Of The Year" by Old Man Markley



**Section 1:** □ Side rock, behind, side, cross, Shuffle Left Side, rock step backward □ □ □ □ □

- 1-2 Rock Right Side, Recover To Left
- 3&4 Cross Right Behind, Step Left side, Cross Right Over
- 5&6 Chassé Side Left-Right-Left
- 7-8 Rock Right Back, Recover To Left

**Section 2:** □ Galop x3, Step, scuff, hitch, 1/4 turn, stomp x2 □ □ □ □ □

- 1&2& Step Right Forward, Step Left Together, Step Right Forward, Step Left Together
- 3&4 Step Right Forward, Step Left Together, Step Right Forward
- 5&6 Scuff Left Heel, Turn 1/4 right while Hitching Left Knee, Cross Left Over
- 7-8 Stomp Right, Stomp Left (Restart Here on wall 3 and 6)

**Section 3:** □ Kick ball cross twice, side rock, behind side cross □ □ □ □ □

- 1&2 Right Kick Ball cross
- 3&4 Right Kick Ball cross
- 5-6 Rock Right Side, Recover To Left
- 7&8 Cross Right Behind, Step Left Side, Cross Right Over

**Section 4:** □ Step turn, kick ball change, scuff, hitch, stomp □ □

- 1-2 Step Left Forward, Hold (On wall 11, end part)
- 3-4 Turn 1/2 right, Recover To Right
- 5&6 Left Kick Ball Change
- 7&8 Scuff Left Heel, Hitch Left Knee, Stomp Left

**Intro** □ After First Lyrics (Nearly 13 sec) □ □ □

**Section 1:** □ Slide, rock step x2 □ □ □ □ □

- 1-4 Slide Right, Hold, Rock Left Back, Recover To Right
- 5-8 Slide Left, Hold, Rock Right Back, Recover To Left

**Section 2:** □ Toe strut x2, step turn, scuff, hitch, touch □ □ □

- 1-4 Step Right forward on toes, Step down on Right Heel, Step Left forward on toes, Step down on Left Heel
- 5-6 Step Right Forward, Turn 1/2 Left recovering Left
- 7&8 Scuff Right Heel, Hitch Right Knee, Together

**Section 3:** □ Same Section 1 □ □ □ □ □

**Section 4:** □ Same Section 2 □ □ □ □ □

**Restart 1:** □ On wall 3 after 16 Count □ □ □ □ □

**Tag 1:** □ After Wall 4 □ □ □ □ □

**Section 1:** □ Side rock, behind, side, cross, x2 □ □ □ □ □

- 1-2 Rock Right Side, Recover on Left
- 3&4 Step Right Behind, Step Left Side, Step Right Over
- 5-6 Rock Left Side, Recover on Right
- 7&8 Cross Left Behind, Step Right Side, Cross Left Over

Restart 2: □ On Wall 6 after 16 Count □ □ □ □

Tag 2: □ After Wall 10 : Same as Intro □ □ □

End: □ On Wall 11 after 26 Count □ □ □ □

3-4 Turn 1/4 right, Recover To Right

5& Stomp Left, Stomp Right

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