

# Sugar, Yes Please

Compte: 64

Mur: 2

Niveau: Easy Intermediate

Chorégraphe: Sharon Oldfield - May 2015

Musique: Sugar - Maroon 5 : (Album: V)



**Intro: 16 counts - Weight on L**

**S1: ROCK, RECOVER, BALL ROCK, RECOVER, TRIPLE BACK, ROCK, RECOVER**

1-2 & 3-4      Rock R forward, Recover L, Ball step R next to L, Rock forward L, Recover R  
5 & 6            Triple back L, R, L  
7-8             Rock back R, Recover L

**S2: WALK, WALK, HEEL, HEEL, WALK, WALK, STEP PIVOT ½**

1 - 2            Walk R, Walk L  
3 & 4 &        Tap R heel forward, Step R next to L, Tap L heel forward, Step L next to R  
5 - 6            Walk R, Walk L  
7 - 8            Step R forward, Turn L ½ (weight goes forward on L)

**S3: TURN 1/2, TURN 1/2, TRIPLE STEP, ROCK, RECOVER, COASTER STEP**

1 - 2            Turn L ½ stepping back on the R, Turn L ½ Stepping forward on L  
3 & 4            Triple step forward R, L, R  
5 - 6            Rock forward L, Recover R  
7 & 8            Step back on L, Step back R next to L, Step L forward

**S4: STEP LOCK, TRIPLE LOCK, STEP LOCK, TRIPLE LOCK**

1 - 2            Step R forward, Lock L behind R,  
3 & 4            Step forward R, L, R  
5 - 6            Step forward L, Lock R behind L  
7 & 8            Step forward L, R, L

**S5: ROCK, RECOVER, COASTER STEP, TURN ¼, CROSSING TRIPLE**

1 - 2            Rock forward R, Recover L  
3 & 4            Step back R, Step back L next to R, Step R forward  
5 - 6            Step L forward, Pivot ¼ to the R  
7 & 8            Crossing L over R, step R to the R, Step L across R

**S6: TURN 1/4, TURN 1/4, CROSSING TRIPLE, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS**

1 - 2            Step back on R, turning ¼ to Left, Step L to L side turning ¼,  
3 & 4            Cross R over left, Step L to the L, Step R across L  
5 - 6            Rock out to L side, Recover R  
7 & 8            Step L behind R, Step R to side, Cross L over R

**S7: POINT, STEP, POINT, STEP, POINT, STEP BACK, POINT STEP**

1 - 2            Point R to R side, step across L  
3 - 4            Point L to left side, Step across R  
5 - 6            Point R to R side, Step R back  
7 - 8            Point L to side, Step L forward

**S8: PIVOT ¼, PIVOT ½, JAZZ BOX**

1 - 2            Step R forward, Turn left 1/4  
3 - 4            Step R forward, Turn left 1/2  
5 - 6            Step R across L, Step back L

7 - 8            Step R to R side, Step L forward

**START OVER**

**RESTART: On Wall 5 , Section 6: Change Counts 7 & 8, to Behind, turn  $\frac{1}{4}$  R , Step Forward L, then RESTART.**

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