

# Alabama Shuffle

**COPPERKNOB**  
BYEPOSTETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Pamela Ahearn (AUS) - April 2015

**Musique:** Sweet Home Alabama - Lynyrd Skynyrd : (Album: Formule 1 Top 100)



**#32 count intro, start dancing on lyrics**

**(1-8) RIGHT & LEFT MAMBOS, KICK-BALL-CHANGE, PIVOT ½ LEFT**

1&2 Step/rock R to side, recover on L, step R beside L  
3&4 Step/rock L to side, recover on R, step L beside R  
5&6 Kick R fwd, step on ball of R beside L, step L beside R  
7,8 Step R fwd, pivot ½ left (weight on L) (6:00)

**(9-16) SHUFFLE FORWARD X 2, KICK-BALL-CHANGE, PIVOT ¼ LEFT**

1&2 Step R fwd, step ball of L beside R, step R fwd  
3&4 Step L fwd, step ball of R beside L, step L fwd  
5&6 Kick R fwd, step on ball of R beside L, step L beside R  
7,8 Step R fwd, pivot ¼ left (weight on L) (3:00)

**(17-24) CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE LEFT**

1,2 Cross R over L, recover on L  
3&4 Step R to side, step L beside R, step R to side  
5,6 Cross L over R, recover on R  
7&8 Step L to side, step R beside L, step L to side

**(25-32) ROCK FORWARD, RECOVER, ½ TURN SHUFFLE , PIVOT ½, SHUFFLE FORWARD**

1,2 Step/rock R fwd, recover on L  
3&4 Turning ½ right step R fwd, step ball of L beside R, step R fwd (9:00)  
5,6 Step L fwd, pivot ½ right (weight on R) (3:00)  
7&8 Step L fwd, step ball of R beside L, step L fwd

**REPEAT**

**Contact:** [www.b-linedancing.webs.com](http://www.b-linedancing.webs.com)

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