

Crash And Burn

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Lisa McCammon (USA) - April 2015

Musique: Crash and Burn - Thomas Rhett



#16 count intro - Counterclockwise rotation; start weight on L

[1-8] ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, BACK, POINT

1-2, 3&4 Rock forward R, recover L, step back R, close L, step forward R

5-6-7-8 Rock forward L, recover R, step back L, point R to side

[9-16] R BOTA FOGO, L BOTA FOGO, ROCK, RECOVER, BACK, POINT

1&2, 3&4 Cross step R over L, side rock onto ball of L, recover weight to R; mirror

5-6-7-8 Rock forward R, recover L, step back R, point L to side

[17-24] BEHIND, SIDE, CROSS, POINT, HITCH-SIDE-CLOSE, HITCH-SIDE-CLOSE

1-2-3-4 Step L behind, step R to side, step L across, point R to side

5&6, 7&8 Hitch R, turning knee in and slightly across L, step slightly to R, step L next to R; repeat (hints: stay squared to your wall rather than open to the diagonal for 5-8, and keep the hitches and side steps tiny--your toes should be only 2-3 inches above the floor when your knee is raised)

Easier option:

1-2-3-4 Step L behind, step R to side, step L across, HOLD

5-6-7-8 Step R to side, close L, step R to side, close L

[25-32] SWAY R, L, R, TOUCH, CHASSE LEFT ¼, WALK, WALK

1-4 Stepping side R, sway R, L, R, touch L home

5&6, 7-8 Step L to side, close R, turn left ¼ [9] stepping forward L; walk forward R, L

Harder option:

7-8 Turn left ½ stepping back R, turn left ½ stepping forward L

*Note: This dance works with lots of music and rhythms. Try it to any of these:

Thinking Out Loud by Ed Sheeran, 118 bpm (floor split for Thinking Different by Ria Vos)

The Wire by HAIM, 114 bpm (floor split for Down To The Wire by Julia Wetzel)

Tell The World by Eric Hutchinson, 120 bpm (floor split for Tell The World by Robbie McGowan Hickie)

I Can't Describe by Jennifer Hudson, 118 bpm (R&B)

Un Momento by Inna, 128 bpm (Latin)

Suntan City by Luke Bryan, 118 bpm (country)

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