

Cheerleader

Compte: 32

Mur: 4

Niveau: Low Intermediate



Chorégraphe: Laura Sway (UK) & Alexis Strong (UK) - April 2015

Musique: Cheerleader - Omi

Count in: 32

[1-8] Right shuffle forward, left side mambo, point side, turn ¼, dip down up.

- 1&2 step forward on the right (1) step left to right (&) step forward on the right (2)
- 3&4 step left to left side (3) step right in place (&) step left beside right (4)
- 5-6 point right to right side (5) pivot ¼ turn right (6)
- 7-8 bend both knees dipping down (7) straighten both legs up (8)

[9-16] Point right & left & tap right toes x2 , hips right, hips left, right Chasse.

- 1&2& point right to right side (1) step right to left (&) point left to left side (2) step left to right (&)
- 3-4 tap right toes to right side x2 (3,4)
- 5-6 push hips to right (5) push hips to the left (6)
- 7&8 step right to right side (7) step left to right (&) step right to right side

[17-24] rock forward , recover, rock side , recover, rock forward, recover, step side, cross unwind full turn, left Chasse.

- 1&2& Rock forward on the left (1) recover weight onto right (&) rock left to left side (2) recover weight onto right (&)
- 3&4 rock forward on the left (3) recover weight onto right (&) step left to left side (4)
- 5-6 cross right over left (5) unwind a full turn over left shoulder keeping weight on right (6)
- 7&8 step left to left side (7) step right to left (&) step left to left side (8)

[25-32] right Chasse ¼ left, left Chasse ¼ left, V step out out , V step in in. (Shimmy)

- 1&2 Make 1/4 turn left step right to right side (1) step left to right (&) step right to right side (2)
- 3&4 make another ¼ turn left stepping left to left side(3) step right to left (&) step left to left side (4) (with a shimmy)
- 5678 step right foot out to right diagonal (5) step left foot out to left diagonal (6) step back on the right (7) step left beside right (8) (with a shimmy)

Contact: laura.bates97@yahoo.co.uk