

He's The Guy...

Compte: 40

Mur: 4

Niveau: Improver

Chorégraphe: Jean LW LeQUEUX (FR) - April 2015

Musique: They Call Me Trinity - George McAnthony



Notation: RF: right foot; LF: left foot; FT: feet together; RL: right leg, LL: left leg, LA: legs apart, RT: right toes; LT: left toes; RH: right heel; LH: left heel; RK: right knee; LK: left knee, RP: right palm; FP: left palm; RAr: right arm; LAr: left arm; RSh: right shoulder; LSh: left shoulder; RE: right elbow, LE: left elbow; RHd: right hand, LHd: left hand, RHp: right hip; LHp: left hip, RTh: right thigh, LTh: left thigh; WoRF: weight on RF, WoLF: weight on LF

INTRODUCTION

Time steps (on spot), FT During Horse Gallop

- 1 On spot: Bent RK, stretch LK
- 2 On spot: Bend LK, stretch RK

PRELIMINARY SECTION

Natural top during harmonica and whistle

- 1 Cross RF behind LF
- 2 ½ turn right
- 3 Cross RF behind LF
- 4 ½ turn right, WoLF, finish on wall 12H00

SECTION I: FORWARD CROSS ROCK RIGHT, SIDE ROCK RIGHT; BACK CROSS ROCK RIGHT, SIDE ROCK RIGHT

- 1, 2 Cross RF before LF, rock
- 3, 4 RF right, rock
- 5, 6 Cross RF behind LF, rock
- 7, 8 RF right, rock

SECTION II: BACK CROSS ROCK LEFT, SIDE ROCK LEFT; FORWARD CROSS ROCK LEFT, SIDE ROCK LEFT

- 1, 2 Cross LF behind RF, rock
- 3, 4 LF left, rock
- 5, 6 Cross LF before RF, rock
- 7, 8 LF left, rock, Legs Appart

SECTION III: HOLD ON HEELS, ¼ TURN RIGHT; [MARCH LF, RF] TWICE; STOMP LF, STOMP RF

- 1 Hold: On heels
- 2 ¼ turn right, bend knees, shoot

(Warning: You need a pair of C□LT 45 for this dance; if not... just use your hands like if they were colts!)

- 3, 4 Step LF, Step RF
- 5, 6 Step LF, Step RF
- 7, 8 Stomp LF; stomp RF, Feet together

SECTION IV: KICK RF, MARCH; KICK LF, MARCH; BEND KNEES, HOLD; ½ TURN RIGHT; SHOOT, STOMP, STOMP

- 1, 2 Kick RF, step RF
- 3, 4 Kick LF, step LF
- 5, 6 Bend knees hold; half turn right, shoot again!
- 7, 8 Stomp RF; stomp LF

SECTION V: TOES STRUT BACK; [TOES SIDE, TOUCH]: RIGHT & LEFT

1, 2, 3, 4 Right toes strut back, left toes strut back
5, 6, 7, 8 Right toes tip right, right toes touch LF; left toes tip left, left toes touch RF

TAG ON WALL 4 & RESTART

During harmonica and whistle

1 Bend both knees, shoot
2 Stretch knees

CONCLUSIVE SECTION

Spin turn at the end of lyrics.

Contact ~ <http://www.weltram.eu/Pages/CountryandLineDance.aspx> - eMail: jean_lw_lequeux@yahoo.com
