

Sayidan

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: mBah Wir (INA) - April 2015

Musique: Di Sayidan by Shaggy Dog



Start on vocal - No Tag, No Restart

SEC 1: CROSS ROCK, RECOVER, CHASSE ¼ RIGHT, PIVOT ½ RIGHT, FORWARD SHUFFLE

1-2 Cross rock R over L, Recover on L

Alternative for a count (1-2)

1-2 Touch R heel forward, Touch R toe beside L

3&4 Step R to side, Step L next to R, Turn ¼ R step R forward

5-6 Step L forward, Turn ½ R

7&8 Step L forward, Lock R behind L, Step L forward

SEC 2: KICK BALL STEP X2, ROCKING CHAIR

1&2 Kick R forward, Step on ball of R next to L, Small step L forward

3&4 Kick R forward, Step on ball of R next to L, Small step L forward

5-8 Step/Rock R forward, Recover on L, Step/Rock R back, Recover on L

SEC 3: LINDY RIGHT AND LEFT

1&2 Step R to side, Step L together, Step R to side

3-4 Rock back on L, Recover on R

5&6 Step L to side, Step R together, Step L to side

7-8 Rock back on R, Recover on L

SEC 4: MONTEREY ¼ TURN X2

1-2 Touch R toe outside R, on ball of L make ¼ turn R and step R next to L

3-4 Touch L toe outside L, Step L beside R

5-6 Touch R toe outside R, on ball of L make ¼ turn R and step R next to L

7-8 Touch L toe outside L, Step L beside R

Begin Again

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