

# Freestyle

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Treece (USA) & Shell Paap (USA) - March 2015

Musique: Freestyle - Lady A



Alt. music:-

"Lonely Tonight" Blake Shelton

"Fly" Maddie & Tae

## **R Rock Rec, Behind side cross, L Rock Rec, Behind side cross**

- 1-2 Rock on Right to right side, recover on Left,
- 3&4 Step Right behind Left, step left on Left, step Right across in front of Left
- 5-6 Rock left on Left, recover on Right
- 7&8 Step Left behind right, step Right to Right, Step Left across in front of Right

## **R rock rec fwd, RLR triple fwd, L rock rec fwd, LRL triple fwd**

- 1-2 Rock Forward on Right, recover back on Left (put weight on left)
- 3&4 Triple Forward, Right, Left, Right
- 5-6 Rock Forward on Left, recover back on Right (weight on right)
- 7&8 Triple forward, Left, Right, Left

## **R rock, rec , full turn, R rock back, rec fwd on L**

- 1-2 Rock Forward on Right, recover back on Left
- 3&4 ½ triple turn to right, Right, Left, Right
- 5&6 ½ triple turn to right, Left, Right, Left
- 7-8 Rock back on Right, recover forward on Left

## **R point fwd, side, R back Coaster, L point fwd, side, ¼ turn L back Coaster**

- 1-2 Touch Right toe forward, touch Right to right side
- 3&4 Step back on Right, step Left next to Right, step forward on Right
- 5-6 Touch Left toe forward, touch Left toe to left side
- 7&8 turn ¼ left, step back on Left, step Right next to Left, step forward on Left

**REPEAT – No Tags, No Restarts, ENJOY!**

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