The Seven Lotus (Qi Duo Lian Hua)

Niveau: Intermediate

Compte: 32 Chorégraphe: Kong Qingling - March 2015 Musique: Qi Duo Lian Hua by Huo Zun

| Intro: 16 counts | |
|--|--|
| [1-8] Cross, Po 1 2 3 4 5&6 7&8 | int, Cross, Point, Rock, Recover, 1/2 Turn R Together, Back X3 Cross R over L, point L to L side, cross L over R, point R to R side Rock R forward, recover on L, 1/2 turn R stepping R next to L Step back L, R, L (6:00) |
| [9-16] Rock, Recover, Cross, Rock, Recover, Cross, Fwd, 1/2 Turn R Sweep/Hook , Fwd Shuffle | |
| 1&2 | Rock R to R side, recover on L, cross R over L |
| 3&4 | Rock L to L side, recover on R, cross L over R |
| 56 | Step R forward, 1/2 turn R sweeping L back to front & hook |
| 7&8 | Step L forward, lock R behind L, step L forward (12:00) |
| [17-24] Cross, Recover, Beside, Fwd, Fwd, Pivot 1/4 Turn, Cross, Side, Cross Shuffle, 1/4 Turn L Fwd | |
| 1 2& | Cross R over L, recover on L, step R next to L |
| 3 4& | Step L forward, step R forward, 1/4 pivot turn L |
| 56 | Cross R over L, step L to L side |
| 7&8& | Cross R over L, step L to L slightly, cross R over L, 1/4 turn L stepping L forward (6:00) |
| [25-32] R Basic, Sway L, Sway R, Rock, Touch, Rock, Touch, Rock, Touch | |
| 1 2& | Large step R to R side , step L behind R, cross R over L |
| 3 4 | Sway L to L side, sway R to R side |
| 5& | Rock L to L side, touch R toe next to L slightly & R knee towards R side |
| 6& | Rock R to R side, touch L toe next to R sightly & L knee towards L side |
| 78 | Rock L to L side, touch R toe next to L slightly & R knee towards R side |
| Tag: 16 Counts On After Wall 3 (6:00) | |
| | n Fwd, 1/4 Turn Fwd, 1/4 Turn shuffle, 1/4 Turn Fwd, 1/4 Turn Fwd, 1/2 Turn Shuffle |
| 12 | 1/4 Turn R stepping R forward, 1/4 turn R stepping L forward (12:00) |
| 3&4 | 1/4 Turn R stepping R forward, step L next to R, step R forward (3:00) |
| 56 | 1/4 Turn L stepping L forward, 1/4 turn L stepping R forward (9:00) |
| 7&8 | 1/4 Turn L stepping L forward, step R next to L, 1/4 turn L stepping L forward (3:00) |
| [9-16] 1/4 Turn Side, Together, Coaster Step, Walk X3, Touch | |
| 12 | 1/4 Turn L stepping R to R side, step L together |
| 3&4 | Step R back, step L beside R, step R forward |
| 5678 | Walk forward L, R, L, touch R next to L |
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Mur: 2