

# The Story Of My Life

**COPPER** KNOB  
BY SHEETS

**Compte:** 64

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Betty Moses (USA) - March 2015

**Musique:** Story of My Life - One Direction : (Album: Midnight Memories)



**Intro: 32 Counts**

**[1-8] SIDE ROCK/RECOVER, BACK ROCK/RECOVER, SIDE ROCK/RECOVER, CROSSING TRIPLE**

1-2 Rock R to side, Recover on L  
3-4 Rock R back, Recover on L  
5-6 Rock R to side, Recover on L  
7&8 Cross R over L, Step L to side, Cross R over L

**[9-16] SIDE ROCK/RECOVER, BACK ROCK/RECOVER, SIDE ROCK/RECOVER, CROSSING TRIPLE**

1-2 Rock L to side, Recover on R  
3-4 Rock L back, Recover on R  
5-6 Rock L to side, Recover on R  
7&8 Cross L over R, Step R to side, Cross L over R

**[17-24] SIDE ROCK/RECOVER, BACK ROCK/RECOVER, PIVOT ¼ , WALK-WALK**

1-2 Rock R to side, Recover on L  
3-4 Rock R back, Recover on L  
5-6 Step forward R, Pivot ¼ left [9:00]  
7-8 Step forward on R, Step forward on L (Optional full turn left stepping back on R, forward on L)

**[25-32] ROCK FORWARD/RECOVER, FULL TURN, ROCK BACK/RECOVER**

1-2 Rock forward on R, Recover on L  
3&4 Triple step turning ½ right [3:00]  
5&6 Triple step turning ½ right [9:00]  
7-8 Rock back on R, Recover on L

**[33-40] STEP TOUCH, KICKBALL CROSS, ¼ TURN, ¼ TURN, TRIPLE FORWARD**

1-2 Step R to side, Touch L next to R  
3&4 Kick L at angle, Step back on ball of L, Cross R over L,  
5-6 Step back on L turning ¼ right, Step forward on R turning ¼ right [3:00]  
7&8 Triple forward on the L

**[41-48] VINE RIGHT, BRUSH ½ TURN, VINE LEFT, BRUSH**

1-4 Step R to side, Step L behind R, Step R to side, Brush L forward turning ½ right [9:00]  
5-8 Step L to side, Step R behind L, Step L to side, Brush R forward

**[49-56] VINE RIGHT, BRUSH ½ TURN, VINE LEFT, BRUSH**

1-4 Step R to side, Step L behind R, Step R to side, Brush L forward turning ½ right [3:00]  
5-8 Step L to side, Step R behind L, Step L to side, Brush R forward

**[57-64] ROCK FORWARD/RECOVER, ROCK BACK/RECOVER, ¼ TURN JAZZ BOX**

1-2 Rock forward on R, Recover on L  
3-4 Rock back R, Recover L  
5-8 Cross R over L, Step back on L turning ¼ right, Step R to forward, Cross L over R [6:00]

**ENDING: STEP FORWARD ON R, PIVOT ½ LEFT TO FACE THE FRONT [12:00]**

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