

Rio (忘情歡笑) (zh)

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Diana Lowery (UK)

Musique: Patricia - Mestizzo

第一段

WALK FORWARD RIGHT, LEFT, RIGHT, ½ PIVOT LEFT – REPEAT
右前走, 左前走, 右前走, 左轉1/2, 重覆

- 1-4 Step forward on right foot, step forward on left foot, step forward on right foot, ½ pivot left (weight on left foot)
右足前踏, 左足前踏, 右足前踏, 左轉180度左足踏
- 5-8 Repeat Steps 1-4 同 1-4

第二段

SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE LEFT
側, 併, 右追步, 交叉下沉, 回復, 左追步

- 1-2 Step right foot to right side, close left foot beside right
右足右踏, 左足併踏
- 3&4 Step right foot to right side, close left foot beside right, step right foot to right side 右足右踏, 左足併踏, 右足右踏
- 5-6 Cross rock left foot over right foot, recover weight back onto right foot 左足於右足前交叉下沉, 右足回復
- 7&8 Step left foot to left side, close right foot beside left foot, step left foot to left side 左足左踏, 右足併踏, 右足右踏

第三段

WEAVE LEFT, LEFT TOE FLICK/TOUCH, WEAVE RIGHT, ¼ TURN RIGHT
左藤步, 左趾勾/點, 右藤步, 右轉1/4

- 1-3 Step right foot over left, step left foot to left side, step right foot behind left 右足於左足前踏, 左足左踏, 右足於左足後踏
- 4 Flick left foot out to left side & slightly behind on left diagonal (click fingers at shoulder height)
左足向左後對角線勾起 (手舉在肩膀高度並彈手指)
(Alternative : Touch left toe to left side)
簡易版 : 左足趾左點
- 5-8 Step left foot over right, step right foot to right side, step left foot behind right, make ¼ turn right stepping forward on right foot
左足於右足前踏, 右足右踏, 左足於右足後踏, 右轉90度右足前踏

第四段

STEP, ½ PIVOT RIGHT, ½ SHUFFLE TURN RIGHT, ROCK BACK, RECOVER, RIGHT KICK BALL CHANGE
踏, 右轉1/2, 右轉1/2交換步, 後下沉, 回復, 右踢交換步

- 1-2 Step forward on left foot, ½ pivot right (weight on right)
左足前踏, 右轉180度右足踏
- 3&4 ½ shuffle turn right stepping left, right, left (travelling backwards) 右後轉180度交換步-左, 右, 左(向後移)
- 5-6 Rock back on right foot, recover weight onto left
右足後下沉, 左足回復
- 7&8 Kick right foot forward, step ball of right foot beside left, step left foot in place (weight on left)
右足前踢, 右足於左足後踏, 左足原地踏 (重心在左足)

ENDING

Finish on Step 31 (kick right foot forward) - facing back wall - throw arms in air !!!
結束時 (在第四段第7拍右足前踢) 面向後面牆, 雙手向上舉
