

Amica Vera (True Love)

COPPER KNOB
STEPSHEETS

Compte: 64

Mur: 4

Niveau: Improver / Intermediate

Chorégraphe: Norman Gifford (USA) - February 2015

Musique: Un'amica vera - Roberta Cappelletti & Patrizia Ceccarelli



S1: (Rumba box with ¼ turn left)

- 1-4 Left step side; right together; left step forward; pause
5-8 Right step side; left together; right step back; swivel ¼ left [9:00] ***

*** (Restart here on wall #3 facing 3:00)

S2: (Left rock side, right replace, left step forward, pause, right lock-step forward, pause)

- 1-4 Left rock side; right replace; left step forward; pause
5-8 Right step forward; left lock behind; right step forward; pause

S3: (Left rock forward, right replace, step side ¼ turn, pause, crossover, step side reverse ½ turn, step side, pause)

- 1-2 Left rock forward; right recover back preparing left turn
3-4 Left step side turning ¼ left; pause [6:00]
5-8 Right crossover; left step side turning ½ right; right step side; pause [12:00]

S4: (Never-ending vine, pause)

- 1-4 Left crossover; right step side; left behind; right sweep front to back
5-8 Right behind; left step side; right crossover; pause

S5: (Scissor-step, pause, 3/4 spiral spin-turn left, step, step, pause)

- 1-4 Left rock side; right step back; left crossover; pause
5-6 Right step side in 3/4 spiral spin-turn left; left step forward [3:00]
7-8 Right step forward; pause

S6: (Left step forward, pivot turn ¼ right, crossover, pause, side-cross-side, pause)

- 1-4 Left step forward; pivot turn ¼ right; left crossover; pause [6:00]
5-8 Right step side; left crossover; right step side; pause (Dance ends here facing 12:00)

S7: (Cross-rock, turn ¼ left, pencil turn ½ left, step-lock-step, pause)

- 1-4 Left cross-rock; right replace; left step in 3rd position; lift right knee in pencil turn ½ left [9:00]
5-8 Right step forward; left lock behind; right step forward; pause

S8: (Mambo-step, pause, sweeping steps back-back-back, hold)

- 1-4 Left rock forward; right replace; left step back; pause
5-8 Right sweep back; left sweep back; right sweep back; hold

BEGIN AGAIN

Contact: nlgifford@yahoo.com