

Lady Soul

Compte: 48

Mur: 1

Niveau:

Chorégraphe: Brenda Holcomb (USA) - February 2015

Musique: Lady Soul - The Temptations



Also "Christmas in Dixie" by Alabama

S1: Step, Together, Step, Touch (Right side then Left side)

- 1-4 Step right to the side, Step left together beside right, Step right to the side and touch left.
5-8 Step left to the side, Step right together beside Left, Step left to the side and touch right.

S2: Step, Together, Step Touch (Right side then Left side)

- 1-4 Step right to the side, Step left together beside right, Step right to the side and touch left.
5-8 Step left to the side, Step right together beside left, Step left to the side and touch right.

S3: Side Touches 2x each side

- 1-4 Touch R toe to side and back in place. Repeat
5-8 Touch L toe to side and back in place. Repeat

S4: Heel touches R & L (2X)

- 1-4 Touch right heel forward and bring back in place, Touch left heel forward and bring back in place.
5-8 Repeat 1-4

S5: Step Diagonal forward step together step Touch. (R then L)

- 1-4 Step R foot forward diagonal R, step L forward beside of Right. Step R foot forward at a diagonal, step L forward beside of Right and Touch.
5-8 Step L foot forward diagonal L, step R forward beside of Right. Step L foot forward at a diagonal, step R forward beside of Left and Touch.

S6: Back Touch /Singles (moving back)

- 1-4 Step back with Right and touch Left, Step back L and touch R,
5-8 Repeat 1-4

Start Over

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